

Nodaway Valley Middle School April 2022

Monday

Tuesday

Wednesday

Thursday

Friday



		<i>Menus Subject to Change</i>	<i>Parents may deposit money to their student's meal account with SchoolPay, a secure online payment system. Click on the SchoolPay link on the Nodaway Valley web site at www.nodawayvalley.org</i>	
		<i>Milk and Juice Served with Breakfast</i> <i>Milk Served with Lunch</i>		1 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit WG & Fruit LUNCH-Cheese Pizza WG Romaine Lettuce/Dressing Corn/Baby Carrots Strawberries & Peaches Milk
4 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Tomato Soup/Crackers Grilled Cheese Sandwich WG Yogurt Cucumber Slices Fruit Cocktail/Milk	5 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit LUNCH-Spaghetti & Meatballs Green Beans Baby Carrots Garlic Knot WG Mandarin Oranges/Milk	6 BREAKFAST-Juice, Milk Donut WG & Fruit LUNCH-Beef Taco Sticks WG Cooked Carrots Fresh Broccoli Graham Crackers WG Applesauce Cup/Milk	7 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Sloppy Joes/Bun WG Baked Beans Cucumber Slices Banana Milk	8 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit WG & Fruit LUNCH-Bosco Cheese Sticks WG w/Marinara Steamed Corn Romaine Lettuce/Dressing Peaches/Milk
11 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Chicken Patty/Bun WG Savory Carrots Tater Tots Blushing Pears Milk	12 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit LUNCH-Shrimp Shapes String Cheese Broccoli & Cheese Cucumber Slices/Cinn. Roll WG Mixed Fruit Cup/Milk	13 BREAKFAST-Juice, Milk Pancakes WG & Fruit LUNCH-Chicken Wrap w/Ranch Steamed Corn Baby Carrots Graham Crackers WG Rosy Applesauce/Milk	14 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Popcorn Chicken Baked Beans Cucumber Slices BB Sandwich WG Fresh Fruit/Milk	NO SCHOOL
18 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Macaroni & Cheese WG Savory Carrots Fresh Broccoli BB Sandwich WG Blushing Pears/Milk	19 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit LUNCH-Chicken Nuggets Mashed Potatoes/Gravy Cucumber Slices Dinner Roll WG Mandarin Oranges/Milk	20 BREAKFAST-Juice, Milk French Toast WG & Fruit LUNCH-Deli Turkey&Cheese/Bun WG Romaine Lettuce/Dressing Potato Wedges Rosy Applesauce Milk	21 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-BBQ Chicken/Bun WG Mixed Vegetables Cucumber Slices Banana Milk	
25 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Chicken Alfredo Green Beans/Baby Carrots Soft Pretzel WG Blushing Pears Milk	26 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit LUNCH-Cowboy Cavatini Cooked Carrots Cucumber Slices Garlic Knot WG Mixed Fruit Cup/Milk	27 BREAKFAST-Juice, Milk French Toast WG & Fruit LUNCH-Cheeseburger/Bun WG Broccoli & Cheese Baby Carrots Rosy Applesauce Milk	28 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Mini Corn Dogs WG Potato Wedges Fresh Broccoli Fresh Fruit Milk	29 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit WG & Fruit LUNCH-Cheesy French Bread Pizza WG/w Marinara Sauce Baked Beans/Cucumber Slices Strawberry Cup Milk

NV Schools offers skim, 1% white milk and chocolate skim milk everyday.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers reduced fat ice cream, WGrice krispie bar etc. as ala carte items that can be purchased.

WG = Whole Grain.

This institution is an equal opportunity provider.