

Nodaway Valley Middle School August 2022



Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5	
<p>The Free and Reduced Meals Application is available online or at any office. Ask for information by calling the Superintendent's Office at 641-743-6127 or e-mail jstender@nodawayvalley.org. All information is strictly confidential.</p>					
8	9	10	11	12	<p><i>Menus Subject to Change</i></p> <p><i>Milk and Juice Served with Breakfast</i></p> <p><i>Milk Served with Lunch</i></p>
15	16	17	18	19	<p><i>Parents may deposit money to their student's meal account with SchoolPay, a secure online payment system. Click on the SchoolPay link on the Nodaway Valley web site at www.nodawayvalley.org</i></p>
22	23	24	25	26	
29	30	31			
BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Tangerine Chicken Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich WG Fruit Cocktail/Milk	BREAKFAST-Juice, Milk Apple Frudel & Fruit LUNCH-Chicken Nuggets Mashed Potatoes/Gravy Cucumber Slices Dinner Roll WG Mandarin Oranges/Milk	BREAKFAST-Juice, Milk Pancakes WG & Fruit LUNCH-Corn Dog WG Green Beans Baby Carrots Rosy Applesauce Milk	BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Hot Dog/Bun WG Baked Beans Cucumber Slices Banana Milk	BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Fiestada WG Corn Baby Carrots Strawberries & Peaches Milk	

NV Schools offers skim, 1% white milk and chocolate skim milk everyday.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers reduced fat ice cream, WG rice krispie bar etc. as ala carte items that can be purchased.

WG = Whole Grain.

This institution is an equal opportunity provider.