

Nodaway Valley Elementary School September 2022

Monday

Tuesday

Wednesday

Thursday

Friday



	<i>Menus Subject to Change</i>	<i>Parents may deposit money to their student's meal account with SchoolPay, a secure online payment system. Click on the SchoolPay link on the Nodaway Valley web site at www.nodawayvalley.org</i>		
5 NO SCHOOL LABOR DAY	<i>Milk and Juice Served with Breakfast</i> <i>Milk Served with Lunch</i>		1 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-BBQ Rib/Bun WG Baked Beans Fresh Broccoli Fresh Fruit Milk	2 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Pizza WG Romaine Lettuce/Dressing Baby Carrots Diced Peaches Milk
12 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-BBQ Chicken/Bun WG Savory Carrots Fresh Cauliflower Blushing Pears Milk	6 BREAKFAST-Juice, Milk Dutch Waffles WG & Fruit LUNCH-Pork Tenderloin Mashed Potatoes/Gravy Celery Sticks Roll WG Mandarin Oranges/Milk	7 BREAKFAST-Juice, Milk Blueberry Waffles WG & Fruit LUNCH-Cheeseburger/Bun WG Broccoli & Cheese Sliced Cucumbers Rosy Applesauce Milk	8 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Saucy Meatballs Green Beans/Baby Carrots Garlic Knot WG Fresh Fruit Milk	9 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Crispito WG Refried Beans Sliced Cucumbers BB Sandwich Pineapple/Milk
19 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Chicken Patty/Bun WG Savory Carrots Fresh Broccoli Blushing Pears Milk	13 BREAKFAST-Juice, Milk Apple Frudel WG* & Fruit LUNCH-Spaghetti & Meatballs Green Beans Baby Carrots Garlic Knot WG Mandarin Oranges/Milk	14 BREAKFAST-Juice, Milk French Toast WG & Fruit LUNCH-Hot Dog/Bun WG Baked Beans Cucumber Slices Applesauce Cup Milk	15 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Blueberry Waffles WG Egg Omelet Hashbrowns/Baby Carrots Banana Milk	16 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Cheese Quesadilla WG Romaine Lettuce/Dressing Fresh Broccoli Strawberries & Peaches Milk
26 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Macaroni & Cheese Savory Carrots Fresh Cauliflower BB Sandwich WG Blushing Pears/Milk	20 BREAKFAST-Juice, Milk Dutch Waffles WG & Fruit LUNCH-Shrimp Poppers Broccoli & Cheese Celery Sticks/Lite String Cheese Cinnamon Roll WG Mandarin Oranges/Milk	21 BREAKFAST-Juice, Milk Blueberry Waffles WG & Fruit LUNCH-Cheesy French Bread Pizza WG/w Marinara Sauce Green Beans/Baby Carrots Rosy Applesauce Milk	22 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Popcorn Chicken Baked Beans Cucumber Slices BB Sandwich WG Fresh Fruit/Milk	23 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Fiestada WG Corn Baby Carrots Diced Peaches Milk
27 BREAKFAST-Juice, Milk Apple Frudel WG* & Fruit LUNCH-Chicken Strips Mashed Potatoes/Gravy Cucumber Slices Dinner Roll WG Mandarin Oranges/Milk	28 BREAKFAST-Juice, Milk French Toast WG & Fruit LUNCH-Pizza Crunchers WG w/Marinara Sauce Mixed Vegetables Baby Carrots Applesauce Cup/Milk	29 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Pulled Pork/Bun WG Baked Beans Fresh Broccoli Apple Slices Milk	30 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Walking Taco WG Refried Beans Baby Carrots Pineapple Milk	

NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, Toast, Juice & Milk.

**Every other Tuesday preschool students only will have waffles instead of an apple frudel.*

WG = Whole Grain

This institution is an equal opportunity provider.