

Nodaway Valley Elementary School **October 2025**

Monday

Tuesday

Wednesday

Thursday

Friday



*Parents may deposit money
to their student's meal account
in JMC Parent.
Click on the JMC Parent
tab under Parents on the
Nodaway Valley web site at
www.nodawayvalley.org*

		1 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Baked Beans Romaine Lettuce/Dressing Rosy Applesauce/Milk	2 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Deli Turkey/Cheese/Bun* Savory Carrots Fresh Broccoli Fresh Grapes Milk	3 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Cheese Pizza* Romaine Lettuce/Dressing Green Beans Diced Peaches Milk
6 BREAKFAST-Juice, Milk Breakfast Corn Dog* & Fruit LUNCH-Macaroni* & Cheese Savory Carrots Fresh Cauliflower BB Sandwich* Fruit Cocktail/Milk	7 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Apple Slices/Milk	8 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Corn Dog French Fries Baked Beans Rosy Applesauce Milk	9 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Confetti Pancakes* Egg Omelet Hashbrowns/Baby Carrots Banana Milk	10 BREAKFAST-Juice, Milk Cinnamon Mini Cinnis* & Fruit LUNCH-Deep Dish Cheese Pizza* Romaine Lettuce/Dressing Green Beans Strawberries & Peaches Milk
13 BREAKFAST-Juice, Milk Fruit Loop Waffles* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Blushing Pears/Milk	14 BREAKFAST-Juice, Milk Apple or Cherry Frudel* & Fruit LUNCH-Chicken Drumstick* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Apple Slices/Milk	15 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Pupusa* Romaine Lettuce/Dressing Green Beans Rosy Applesauce Milk	16 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Potato Wedges Fresh Broccoli Fresh Orange/Milk	17 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Walking Taco* Refried Beans Cherry Tomatoes Strawberry Cup Milk
20 BREAKFAST-Juice, Milk Breakfast Corn Dog* & Fruit LUNCH-Hot Ham & Cheese/Bun* French Fries Romaine Lettuce/Dressing Orange Slices Milk	21 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Grilled Cheese Sandwich* Cherry Yogurt Tater Tots Cucumber Slices Mandarin Oranges/Milk	22 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Hot Dog/Bun* Baked Beans Baby Carrots Applesauce Cup Milk	23 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit NO LUNCH Parent-Teacher Conferences 1:00-9:00 Four-Hour Early Dismissal	24 NO SCHOOL
27 BREAKFAST-Juice, Milk Fruit Loop Waffles* & Fruit LUNCH-Chicken Patty/Bun* Baked Beans Cherry Tomatoes Fresh Pear Milk	28 BREAKFAST-Juice, Milk Apple or Cherry Frudel* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Baby Carrots/Lite String Cheese Cinnamon Roll* Fruit Cocktail/Milk	29 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-BBQ Rib/Bun* Tater Tots Cucumber Slices Rosy Applesauce Milk	30 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Chicken Nuggets* Green Beans Romaine Lettuce/Dressing Sun Chips* Apple Slices/Milk	31 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Bat Burger/w Cheese Skeleton Fingers Vampire Veggies Chilling Fruit Monster Milk

National Hot Lunch Week is October 13th-17th, "Taste the World, Your School Lunch Passport".

NV Schools offer skim white milk, 1% white milk and chocolate skim milk.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk.

October 31st menu is Cheeseburger/Bun*, French Fries, Baby Carrots, Strawberry Cup and Milk.

This institution is an equal opportunity provider.

Menus Subject to Change

**Denotes Whole Grain*

*Extra Milk is 50 cents
(with a sack lunch from home)*