

Nodaway Valley High School August 2025

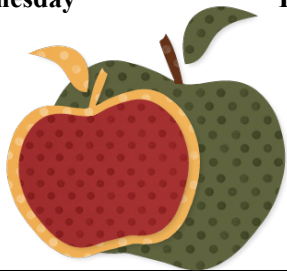
Monday

Tuesday

Wednesday

Thursday

Friday

<i>Menus Subject to Change</i> <i>*Denotes Whole Grain</i>	Parents may deposit money to their student's meal account in JMC Parent. Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org					1
4	5	6	7	8		
11	12	13	14	15		
18	19			22		
25 BREAKFAST-Juice, Milk Breakfast Pizza* or Long John* LUNCH-Hamburger or Cheeseburger Bun*/Baked Beans Red Pepper Strips Fruit Slushie Milk	26 BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Cucumber Slices Dinner Rolls* Apple/Milk	27 BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Romaine Lettuce/Dressing Rosy Applesauce/Milk	28 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* or Frudel* LUNCH-Deli Turkey w/Cheese Sub* Green Beans Fresh Broccoli Fresh Grapes Milk	29 BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Stuffed Crust Pizza* Steamed Corn Cucumber Slices Strawberry Cup Milk		

NV Schools offer skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots.

This institution is an equal opportunity provider.