Nodaway Valley Preschool

November 2023

Monday Tuesday Wednesday Thursday Friday

Menus Subject to Change *Denotes Whole Grain 6 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Chicken Strips* Alice (Brown)* Cooked Carrots Fruit Cooktail Milk 13 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Chicken Nuggets* Fresh Fruit LUNCH-Chicken Nuggets* Fresh Fruit LUNCH-Chicken Nuggets* Fresh Fruit Milk 8 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)* Cooked Carrots Fruit Cocktail Milk 13 BREAKFAST-Juice, Milk Milk 14 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken Milk 15 BREAKFAST-Juice, Milk Milk 16 BREAKFAST-Juice, Milk Milk 17 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-BBQ Rib/Bun* Romaine Lettuce/Dressing Fresh Fruit Milk NO SCHOOL FOR PRESCHOOL
Menus Subject to Change *Denotes Whole Grain *The proof of the
Denotes Whole Grain **Rosy Applesauce Fresh Fruit Milk Milk **Breakfast Bites* & Fruit LUNCH-Gricken Strips LUNCH-Tangerine Chicken** Rice (Brown)** Mashed Potatoes/Gravy Dinner Roll** Mandarin Oranges Mandarin Oranges Milk **Denotes Whole Grain **Por PRESCHOOL **Baked Beans Fresh Fruit Breakfast Pizza* & Fruit LUNCH-BBQ Rib/Bun* NO SCHOOL **FOR PRESCHOOL **F
Denotes Whole Grain **Denotes Whole Grain **Denotes Whole Grain **Denotes Whole Grain **Based Beans Fresh Fruit Milk **Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)* Mashed Potatoes/Gravy Mashed Potatoes/Gravy Cooked Carrots Fruit Cocktail Milk **Dinner Roll* Mandarin Oranges Milk **Denotes Whole Grain **Rosy Applesauce Milk **Breakfast Pruit Milk **Dutch Waffle* & Fruit LUNCH-Pizza Crunchers* LUNCH-Pizza Crunchers* W/Marinara Sauce Romaine Lettuce/Dressing Fresh Fruit **Dos CHOOL FOR PRESCHOOL **For PRESCHOOL **For PRESCHOOL **Breakfast Pizza **Fruit Milk **Milk *
Denotes Whole Grain Rosy Applesauce Milk 6 BREAKFAST-Juice, Milk Breakfast Bites & Fruit LUNCH-Tangerine Chicken* Rice (Brown)* Cooked Carrots Fruit Cocktail Milk Milk Milk 13 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit Fruit Cocktail Breakfast Bites* & Fruit Confecti Pancakes* & Fruit Breakfast Pizza* & Fruit LUNCH-Pizza Crunchers* LUNCH-Pizza Crunchers* LUNCH-BBQ Rib/Bun* NO SCHOOL FOR PRESCHOOL FOR PRESCHOOL FOR PRESCHOOL BREAKFAST-Juice, Milk Milk Milk Milk Milk 15 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit Confetti Pancakes* & Fruit Breakfast Pizza* & Fruit Breakfast Pizza* & Fruit
Milk 6 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)* Cooked Carrots Fruit Cocktail Milk Milk Milk Milk 8 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Pizza Crunchers* LUNCH-Pizza Crunchers* LUNCH-Pizza Crunchers* LUNCH-BBQ Rib/Bun* NO SCHOOL W/Marinara Sauce Romaine Lettuce/Dressing FOR PRESCHOOL Milk Milk Milk Milk Milk Milk 13 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit French Toast* & Fruit Confetti Pancakes* & Fruit Fruit Confetti Pancakes* & Fruit Breakfast Pizza* & Fruit Breakfast Pizza* & Fruit Breakfast Pizza* & Fruit Breakfast Pizza* & Fruit
6 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)* Cooked Carrots Fruit Cocktail Milk Milk 13 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tongerine Chicken Milk Dutch Waffle* & Fruit LUNCH-Chicken Strips* LUNCH-Pizza Crunchers* LUNCH-Pizza Crunchers* W/Marinara Sauce Mixed Vegetables Fresh Fruit Milk Milk 14 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit French Toast* & Fruit Confetti Pancakes* & Fruit Breakfast Pizza* & Fruit BREAKFAST-Juice, Milk BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit NO SCHOOL FOR PRESCHOOL FOR PRESCHOOL BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit NO SCHOOL FOR PRESCHOOL
Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)* Cooked Carrots Fruit Cocktail Milk 13 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Waffle* & Fruit LUNCH-Chicken Strips* Mashed Potatoes/Gravy Dinner Roll* Mandarin Oranges Milk 14 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit Dutch Waffle* & Fruit Cinnamon Toast Waffles* & Fru LUNCH-Pizza Crunchers* W/Marinara Sauce Mixed Vegetables Fresh Fruit Milk 15 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit Breakfast Pizza* & Fruit NO SCHOOL FOR PRESCHOOL 15 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit NO SCHOOL FOR PRESCHOOL FOR PRESCHOOL FOR PRESCHOOL FOR PRESCHOOL FOR PRESCHOOL For PRESCHOOL Fo
LUNCH-Tangerine Chicken* Rice (Brown)* Cooked Carrots Fruit Cocktail Milk Milk Milk LUNCH-Pizza Crunchers* W/Marinara Sauce Mixed Vegetables Applesauce Cup Milk Mil
Rice (Brown)* Mashed Potatoes/Gravy w/Marinara Sauce Romaine Lettuce/Dressing FOR PRESCHOOL Cooked Carrots Dinner Roll* Mixed Vegetables Fresh Fruit Fruit Cocktail Mandarin Oranges Applesauce Cup Milk Milk Milk Milk 13 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit French Toast* & Fruit Confetti Pancakes* & Fruit Breakfast Pizza* & Fruit Fruit Confetti Pancakes* & Fruit Fruit Breakfast Pizza* & Fruit Fruit Fruit Confetti Pancakes* & Fruit Fruit Pancakes* & Fruit Fru
Cooked Carrots Fruit Cocktail Mandarin Oranges Milk Milk
Fruit Cocktail Mandarin Oranges Applesauce Cup Milk Milk
Milk Milk Milk 13 BREAKFAST-Juice, Milk 14 BREAKFAST-Juice, Milk 15 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit French Toast* & Fruit Confetti Pancakes* & Fruit Breakfast Pizza* & Fruit Pancakes*
13 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit French Toast* & Fruit Fruit French Toast* & Fruit Fruit French Toast* & Fruit Fruit Fruit French Toast* & Fruit Frui
Breakfast Bites* & Fruit French Toast* & Fruit Confetti Pancakes* & Fruit Breakfast Pizza* & Fruit
LUNCH-Hot Ham & Cheese/BILLINCH-Turkey Gravy LUNCH-Cheeseburger/Run* LUNCH-Rlueberry Waffles* NO SCHOOL
porteri not ham a choose by botton fairly choise congentum porteri buccomy warnes in the benote
Romaine Lettuce/Dressing Mashed Potatoes Baked Beans Egg Omelet FOR PRESCHOOL
Blushing Diced Pears Dinner Roll* Rosy Applesauce Baby Carrots
Milk Mandarin Oranges Milk Banana
Milk Milk
20 BREAKFAST-Juice, Milk 21 BREAKFAST-Juice, Milk 22 23 NO SCHOOL 24
Breakfast Bites* & Fruit Dutch Waffle* & Fruit
LUNCH-Tomato Soup/Cracker LUNCH-Hot Dog/Bun* NO SCHOOL HAPPY NO SCHOOL
Grilled Cheese Sandwich* Potato Wedges THANKSGIVIN
String Cheese Applesauce Cup
Mandarin Oranges Milk
Milk
27 BREAKFAST-Juice, Milk 28 BREAKFAST-Juice, Milk 29 BREAKFAST-Juice, Milk 30 BREAKFAST-Juice, Milk Parents may deposit mondations.
Breakfast Bites* & Fruit French Toast* & Fruit Fruit French Toast* & Fruit Fruit French Toast* & Fruit Fruit Fruit French Toast* & Fruit Fru
LUNCH-Mini Corn Dog* LUNCH-Chicken Drumstick* LUNCH-Popcorn Chicken* LUNCH-Saucy Meatballs in JMC Parent.
Savory Carrots Mashed Potatoes/Gravy Baked Beans Green Beans Click on the JMC Paren
Blushing Pears Dinner Roll* BB Sandwich* Garlic Toast* tab under Parents on the
Milk Mandarin Oranges Rosy Applesauce Fresh Fruit Nodaway Valley web site
Milk Milk Milk Www.nodawayvalley.org

NV Schools offer skim white milk or 1% white milk for Preschoo

Breakfast option offered daily: Cereal, Fruit & Milk. This institution is an equal opportunity provider.