

Nodaway Valley High School

December 2022

Monday

Tuesday

Wednesday


Thursday

Friday



*Menus Subject
to Change*

*Milk and Juice Served
with Breakfast
Milk Served with Lunch*

<p>5 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-Tangerine Chicken Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich WG Fruit Cocktail/Milk</p>	<p>6 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Cowboy Cavatini Green Beans Baby Carrots Garlic Knot WG Mandarin Oranges/Milk</p>	<p>7 BREAKFAST-Juice, Milk Brfst Uncrustable or Long John WG LUNCH-Popcorn Chicken Broccoli & Cheese Sliced Cucumbers BB Sandwich WG Rosy Applesauce/Milk</p>	<p>1 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Frudel WG LUNCH-Chicken Alfredo Green Beans/Fresh Broccoli Garlic Knot WG Fresh Fruit Milk</p>	<p>2 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Walking Taco WG Refried Beans Baby Carrots Strawberry Cup Milk</p>
<p>12 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-Chicken Patty/Bun WG Savory Carrots Fresh Broccoli Blushing Pears Milk</p>	<p>13 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Turkey Gravy Mashed Potatoes Celery Sticks Dinner Roll WG/Jello Mandarin Oranges/Milk</p>	<p>14 BREAKFAST-Juice, Milk Brfst Uncrustable or Long John WG LUNCH-Bosco Cheese Sticks WG w/Marinara Sauce California Mixed Vegetables Baby Carrots Warm Cinnamon Apples/Milk</p>	<p>8 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Frudel WG LUNCH-Chicken Wrap w/Ranch Potato Wedges Cherry Tomatoes Banana Graham Crackers/Milk</p>	<p>9 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Crispitos WG Cottage Cheese/Refried Beans Sliced Cucumbers Pineapple Milk</p>
<p>19 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-Chili Soup/Crackers Grilled Cheese Sandwich WG Romaine Lettuce/Dressing Fresh Broccoli Fruit Cocktail/Milk</p>	<p>20 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Hot Dog/Bun WG French Fries Cucumber Slices Sun Chips WG Applesauce Cup/Milk</p>	<p>21 NO SCHOOL Winter Break</p>	<p>22 NO SCHOOL Winter Break</p>	<p>23 NO SCHOOL Winter Break</p>
<p>26 NO SCHOOL Winter Break</p> 	<p>27 NO SCHOOL Winter Break</p>	<p>28 NO SCHOOL Winter Break</p> 	<p>29 NO SCHOOL Winter Break</p>	<p>30 NO SCHOOL Winter Break</p> 

NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch.

WG = Whole Grain.

This institution is an equal opportunity provider.