

Nodaway Valley Elementary School September 2026

Monday

Tuesday

Wednesday

Thursday

Friday



	1 BREAKFAST-Juice, Milk Egg Omelet & Toast* & Fruit LUNCH-Breaded Pork Steak* Mashed Potatoes Baby Carrots Bug Bites* Fruit Cocktail/Milk	2 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Fresh Broccoli Rosy Applesauce/Milk	3 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Mini Corn Dogs* Tater Tots Cucumber Slices Fresh Fruit Milk	4 BREAKFAST-Juice, Milk Blueberry Muffin Top* & Fruit LUNCH-Cheese Pizza* Green Beans Romaine Lettuce/Dressing Diced Peaches Milk
7 NO SCHOOL LABOR DAY	8 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Apple Slices/Milk	9 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-BBQ Rib/Bun* Baked Beans Romaine Lettuce/Dressing Rosy Applesauce Milk	10 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Sloppy Joes/Bun* Potato Starz Cucumber Slices Banana Milk	11 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Pizza Crunchers* w/Marinara Sauce Romaine Lettuce/Dressing Green Beans Strawberries & Peaches/Milk
14 BREAKFAST-Juice, Milk Apple or Cherry Frudel* & Fruit LUNCH-Hot Ham & Cheese/Bun* Baked Beans Romaine Lettuce/Dressing Fresh Pear Milk	15 BREAKFAST-Juice, Milk Egg Omelet & Toast* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Baby Carrots/Cheese Stick Cinnamon Roll* Fruit Cocktail/Milk	16 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Savory Carrots Fresh Broccoli Rosy Applesauce/Milk	17 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Grilled Chicken/Bun* French Fries Cucumber Slices Fresh Fruit Milk	18 BREAKFAST-Juice, Milk Blueberry Muffin Top* & Fruit LUNCH-Cheese Quesadilla* Mixed Vegetables Romaine Lettuce/Dressing Diced Peaches Milk
21 NO SCHOOL TEACHER PD	22 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Spaghetti & Meatballs Savory Carrots Fresh Broccoli Mandarin Oranges Milk	23 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Grilled Cheese Sandwich* Cherry Yogurt Green Beans Cucumber Slices Rosy Applesauce/Milk	24 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Confetti Pancakes* Egg Omelet Tri Tater/Baby Carrots Banana Milk	25 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Walking Taco* Refried Beans Cherry Tomatoes Strawberries & Peaches Milk
28 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Hot Dog/Bun* Tater Tots Baked Beans Fruit Slushie Milk	29 BREAKFAST-Juice, Milk Egg Omelet & Toast* & Fruit LUNCH-Chicken Alfredo* Green Beans Baby Carrots Garlic Toast* Applesauce Cup/Milk	30 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Pulled Pork/Bun* Savory Carrots Cucumber Slices Rosy Applesauce Milk	Menus Subject to Change *Denotes Whole Grain Extra Milk is 60 cents (with a sack lunch from home)	<i>Parents may deposit money to their student's meal account in JMC Parent. Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i>

NV Schools offer 1% white and skim white milk at breakfast and skim white milk, 1% white milk and chocolate skim milk at lunch.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a minimum of 3 items and they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk.

Starting Sept. 8th, we will offer an alternate entrée. The second-choice meal will be yogurt, string cheese, snack crackers, vegetable, fruit & milk.

This institution is an equal opportunity provider.