Nodaway Valley Elementary (K-5th) School August 2023 Monday Tuesday Wednesday Thursday Friday

2 Parents may deposit money to their student's meal account The Free and Reduced Meals Application is available online or at any office. in JMC Parent. Ask for information by calling the Superintendent's Office at 641-743-6127 Click on the JMC Parent or e-mail jstender@nodawayvalley.org. tab under Parents on the All information is strictly confidential. Nodaway Valley web site at www.nodawayvalley.org 8 10 11 Menus Subject to Change Milk and Juice Served with Breakfast Milk Served with Lunch 14 18 21 22 23 BREAKFAST-Juice, Milk **24** BREAKFAST-Juice, Milk 25 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit Mini WG Donuts & Fruit Confetti Pancakes WG & Fruit LUNCH-Bosco Cheese Sticks WG LUNCH-Fiestada WG LUNCH-Chicken Patty/Bun WG Savory Carrots w/Marinara Sauce Corn Fresh Broccoli Green Beans **Baby Carrots Blushing Pears** Cucumber Slices Strawberries & Peaches Milk Banana/Milk Milk 28 BREAKFAST-Juice, Milk **29** BREAKFAST-Juice, Milk **30** BREAKFAST-Juice, Milk **31** BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit French Toast WG & Fruit Confetti Pancakes WG & Fruit Breakfast Pizza WG & Fruit LUNCH-Tangerine Chicken LUNCH-Chicken Nuggets LUNCH-Deli Turkey/Cheese/Bun WG LUNCH-BBQ Rib/Bun WG Rice (Brown)/Cooked Carrots Mashed Potatoes/Gravv Green Beans Baked Beans Fresh Cauliflower Cucumber Slices **Baby Carrots** Fresh Broccoli BB Sandwich WG Dinner Roll WG Fresh Fruit Rosy Applesauce Fruit Cocktail/Milk Mandarin Oranges/Milk Milk

NV Schools offer skim white milk, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, Toast, Juice & Milk.

WG = Whole Grain

This institution is an equal opportunity provider.