

Nodaway Valley Middle School March 2026


Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Chicken Patty*/Bun* Broccoli w/Cheese Sauce Baby Carrots Blushing Pears Milk</p>	<p>3 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Tater Tot Casserole Green Beans Garlic Knot* Warm Cinnamon Apples Milk</p>	<p>4 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Corn Dog French Fries Cucumber Slices Rosy Applesauce Milk</p>	<p>5 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Rodeo Burger/Bun* Onion Rings Baked Beans Fresh Fruit Milk</p>	<p>6 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Fresh Broccoli Diced Peaches/Milk</p>
<p>9 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Meatball Sub* Tater Tots Cucumber Slices Fresh Apple Milk</p>	<p>10 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Cheeseburger Mac & Cheese* Steamed Corn Baby Carrots Garlic Knot* Frozen Fruit Slushie/Milk</p>	<p>11 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Chicken Nuggets* Sweet Potato Fries Red Pepper Strips Sun Chips* Rosy Applesauce/Milk</p>	<p>12 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Fire Braised Pulled Chicken Bun*/Baked Beans Cucumber Slices Fresh Pear Milk</p>	<p>13 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Mixed Vegetables Fresh Cauliflower Warm Cinnamon Apples/Milk</p>
<p>16 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit NO LUNCH Parent-Teacher Conferences 1:00-9:00 Four-Hour Early Dismissal</p>	<p>17 NO SCHOOL Spring Break</p>	<p>18 NO SCHOOL Spring Break</p>	<p>19 NO SCHOOL Spring Break</p>	<p>20 NO SCHOOL Spring Break</p>
<p>23 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Chicken Alfredo* Savory Carrots Cucumber Slices Blushing Pears Milk</p>	<p>24 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Dinner Roll* Mandarin Oranges/Milk</p>	<p>25 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Pork Totchos Creamy Cole Slaw Fresh Baked Biscuit Rosy Applesauce Milk</p>	<p>26 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Confetti Pancakes* Egg Omelet Tri Taters/Baby Carrots Banana Milk</p>	<p>27 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Cheese Quesadilla* Refried Beans Steamed Corn Strawberries & Peaches Milk</p>
<p>30 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Chicken Wrap* w/Ranch Savory Carrots Fresh Broccoli Graham Crackers* Blushing Pears/Milk</p>	<p>31 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Sauce Baby Carrots/Cheese Stick Cinnamon Roll* Fruit Cocktail/Milk</p>			<p><i>Menus Subject to Change</i></p> <p><i>*Denotes Whole Grain</i></p> <p><i>Extra Milk is 50 cents (with a sack lunch from home)</i></p>

NV Schools offer skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students **DO NOT** have to take milk if they choose not to.

HOWEVER, the student must take a minimum of 3 items and they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fresh Fruit, Juice & Milk or 2 pieces of Toast, Fresh Fruit, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Fresh vegetables offered daily including Romaine Lettuce/Dressing and Baby Carrots.

This institution is an equal opportunity provider.