

Nodaway Valley High School May 2022




Monday

Tuesday

Wednesday

Thursday

Friday

2 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-BBQ Rib/Bun WG Baked Beans Potato Wedges Blushing Pears Milk	3 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Spaghetti & Meatballs Green Beans Baby Carrots Garlic Knot WG Mandarin Oranges/Milk	4 BREAKFAST-Juice, Milk Spicy Tornado or Long John WG LUNCH-Pork Carnita/Bun WG String Cheese Savory Carrots Tater Tots Rosy Applesauce/Milk	5 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Muffin Top WG LUNCH-Waffles WG w/Syrup/Egg Omelet Hash Browns/Baby Carrots Banana Milk	6 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Queso Cheese Tortilla Chips WG Refried Beans Baby Carrots Peaches/Milk
9 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-Grilled Chicken/Bun WG Savory Carrots Potato Wedges Blushing Pears Milk	10 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Turkey Gravy Mashed Potatoes Celery Sticks Dinner Rolls WG Mandarin Oranges/Milk	11 BREAKFAST-Juice, Milk Spicy Tornado or Long John WG LUNCH-Bosco Cheese Sticks WG w/Marinara Green Beans Baby Carrots Rosy Applesauce/Milk	12 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Muffin Top WG LUNCH-Sloppy Joes/Bun WG Baked Beans Cucumber Slices Sun Chips WG Banana/Milk	13 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Pizza WG Romaine Lettuce/Dressing Corn/Baby Carrots Strawberries & Peaches Milk
16 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-Hot Dog or Chili Dog Bun WG/Green Beans French Fries Applesauce Cup Milk	17 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Pork Tenderloin Mashed Potatoes/Gravy Celery Sticks Dinner Rolls WG Mandarin Oranges/Milk	18 BREAKFAST-Juice, Milk Spicy Tornado or Long John WG LUNCH-Deli Turkey&Cheese/Bun WG Romaine Lettuce/Dressing Baby Carrots Rosy Applesauce Sun Chips/Milk	19 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Muffin Top WG LUNCH-Cook's Choice	20 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Cook's Choice
23 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	24 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	25 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	26 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice <i>Last Day of School!</i>	27 
30 MEMORIAL DAY	31 			

NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch.

WG = Whole Grain.

This institution is an equal opportunity provider.