Nodaway Valley Preschool September 2023 Tuesday Wednesday Thursday Friday

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natalah	ABC Maniford	Parents may deposit money to their student's meal account		1 NO SCHOOL
	3			
Cabl		in JMC Parent.		FOR PRESCHOOL
DEDT	ember	Click on the JMC Parent	Menus Subject	
	CITIPCI	tab under Parents on the	to Change	
		Nodaway Valley web site at		
4 ve seveev	5 DDD147D46T4 : 16TH	www.nodawayvalley.org	7 DDE-WE-CE-L: NO	8
4 NO SCHOOL	5 BREAKFAST-Juice, Milk	6 BREAKFAST-Juice, Milk	7 BREAKFAST-Juice, Milk	
	French Toast & Fruit	Confetti Pancakes WG & Fruit	Breakfast Pizza WG & Fruit	NO SCHOOL
LABOR DAY	LUNCH-Spaghetti & Meatballs	LUNCH-Cheeseburger/Bun WG	LUNCH-Confetti Pancakes WG	FOR PRESCHOOL
	Green Beans	Broccoli w/Cheese Sauce	Egg Omelet	
	Mandarin Oranges	Rosy Applesauce	Hashbrown	
	Milk	Milk	Banana	
			Milk	
11 BREAKFAST-Juice, Milk	12 BREAKFAST-Juice, Milk	13 BREAKFAST-Juice, Milk	14 BREAKFAST-Juice, Milk	15
Breakfast Bites WG & Fruit	Dutch Waffle WG & Fruit	Cinnamon Toast Waffles WG & Fruit	Breakfast Pizza WG & Fruit	NO SCHOOL
LUNCH-Mini Corn Dog WG	LUNCH-Pork Tenderloin	LUNCH-Hot Dog/Bun WG	LUNCH-Saucy Meatballs	FOR PRESCHOOL
Savory Carrots	Mashed Potatoes/Gravy	Baked Beans	Green Beans	
Blushing Pears	Dinner Roll WG	Rosy Applesauce	Garlic Toast	
Milk	Mandarin Oranges	Milk	Fresh Fruit	
	Milk		Milk	
18 BREAKFAST-Juice, Milk	19 BREAKFAST-Juice, Milk	20 BREAKFAST-Juice, Milk	21 BREAKFAST-Juice, Milk	22
Breakfast Bites WG & Fruit	French Toast & Fruit	Confetti Pancakes WG & Fruit	Breakfast Pizza WG & Fruit	NO SCHOOL
LUNCH-Chicken Patty/Bun WG	LUNCH-Shrimp Poppers	LUNCH-Cheesy French Bread	LUNCH-Popcorn Chicken	FOR PRESCHOOL
Savory Carrots	Broccoli w/Cheese	Pizza WG/w Marinara Sauce	Baked Beans	
Blushing Pears	Lite String Cheese	Green Beans	BB Sandwich WG	
Milk	Dinner Roll WG	Applesauce Cup	Fresh Fruit	
	Mandarin Oranges/Milk	Milk	Milk	
25 BREAKFAST-Juice, Milk	26 BREAKFAST-Juice, Milk	27 BREAKFAST-Juice, Milk	28 BREAKFAST-Juice, Milk	29
Breakfast Bites WG & Fruit	Dutch Waffle WG & Fruit	Cinnamon Toast Waffles WG & Fruit	Breakfast Pizza WG & Fruit	NO SCHOOL
LUNCH-Macaroni & Cheese	LUNCH-Chicken Strips	LUNCH-Pizza Crunchers WG	LUNCH-Bosco Cheese Sticks WG	FOR PRESCHOOL
Savory Carrots	Mashed Potatoes/Gravy	w/Marinara Sauce	w/Marinara Sauce	
BB Sandwich WG	Dinner Roll WG	Mixed Vegetables	Romaine Lettuce/Dressing	
Blushing Pears	Mandarin Oranges	Applesauce Cup	Fresh Fruit	

NV Schools offer skim white milk or 1% white milk.

Breakfast option offered daily: Cereal, Fruit & Milk.

WG = Whole Grain

This institution is an equal opportunity provider.