

Nodaway Valley High School

August 2026

Monday

Tuesday

Wednesday

Thursday

Friday

3	4	5	6	7
				
10				
17				
24	25	26	27	28
NO SCHOOL LAST DAY OF SUMMER BREAK	BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Hamburger or Cheeseburger Bun*/Baked Beans Baby Carrots Fruit Slushie Milk	BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Cucumber Slices Bug Bites Rosy Applesauce/Milk	BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* or Frudel* LUNCH-Deli Turkey/Cheese/Bun* Green Beans Fresh Broccoli Banana Milk	BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Deep Dish Pizza* Romaine Lettuce/Dressing Mixed Vegetables Diced Peaches Milk
31 BREAKFAST-Juice, Milk Breakfast Pizza Bagel* or Long John* LUNCH-Chicken Patty*/Bun* Baked Beans Romaine Lettuce/Dressing Blushing Pears Milk	<i>Menus Subject to Change</i> <i>*Denotes Whole Grain</i>	<i>Parents may deposit money</i> <i>to their student's meal account</i> <i>in JMC Parent.</i> <i>Click on the JMC Parent</i> <i>tab under Parents on the</i> <i>Nodaway Valley web site at</i> <i>www.nodawayvalley.org</i>		

NV Schools offer 1% white and skim white milk at breakfast and skim white milk, 1% white milk and chocolate skim milk at lunch.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a minimum of 3 items and they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots.

This institution is an equal opportunity provider.