

Nodaway Valley Elementary School September 2025

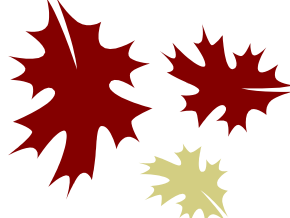
Monday

Tuesday

Wednesday

Thursday

Friday

1 NO SCHOOL Labor Day	2 BREAKFAST-Juice, Milk Apple or Cherry Frudel* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Apple Slices/Milk	3 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Corn Dog French Fries Baby Carrots Rosy Applesauce Milk	4 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Popcorn Chicken* Green Beans Romaine Lettuce/Dressing BB Sandwich* Orange Slices/Milk	5 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Walking Taco* Refried Beans Cucumber Slices Frozen Fruit Cup Milk
8 BREAKFAST-Juice, Milk Breakfast Corn Dog* & Fruit LUNCH-Chicken Patty/Bun* Baked Beans Fresh Cauliflower Fresh Pear Milk	9 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Cowboy Cavatini Savory Carrots Cucumber Slices Dinner Roll* Fruit Slushie/Milk	10 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Romaine Lettuce/Dressing Fresh Broccoli Rosy Applesauce/Milk	11 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-BBQ Rib/Bun* Tater Tots Cucumber Slices Apple Slices Milk	12 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Stuffed Crust Cheese Pizza* Romaine Lettuce/Dressing Green Beans Diced Peaches Milk
15 BREAKFAST-Juice, Milk Fruit Loop Waffles* & Fruit LUNCH-Macaroni* & Cheese Savory Carrots Fresh Cauliflower BB Sandwich* Fruit Cocktail/Milk	16 BREAKFAST-Juice, Milk Apple or Cherry Frudel* & Fruit LUNCH-Breaded Pork Steak* Mashed Potatoes/Gravy Baby Carrots Dinner Roll* Apple Slices/Milk	17 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Hamburger or Cheeseburger Bun*/Steamed Peas Romaine Lettuce/Dressing Rosy Applesauce Milk	18 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Sloppy Joes/Bun* Baked Beans Romaine Lettuce/Dressing Banana Milk	19 BREAKFAST-Juice, Milk Cinnamon Mini Cinnis* & Fruit LUNCH-Pizza Crunchers* w/Marinara Sauce Mixed Vegetables Baby Carrots Strawberries & Peaches/Milk
22 BREAKFAST-Juice, Milk Breakfast Corn Dog* & Fruit LUNCH-Hot Ham & Cheese/Bun* Baked Beans Romaine Lettuce/Dressing Orange Slices Milk	23 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Chicken Strips* Mashed Potatoes/Gravy Baby Carrots Dinner Roll* Mandarin Oranges/Milk	24 BREAKFAST-Juice, Milk French Toast Sticks* & Fruit LUNCH-Grilled Cheese Sandwich* Cherry Yogurt Potato Wedges Cucumber Slices Rosy Applesauce/Milk	25 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Hot Dog/Bun* Savory Carrots Cherry Tomatoes Fresh Grapes Milk	26 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Deep Dish Cheese Pizza* Romaine Lettuce/Dressing Green Beans Diced Peaches Milk
29 BREAKFAST-Juice, Milk Fruit Loop Waffles* & Fruit LUNCH-Pulled Pork/Bun* Potato Wedges Fresh Broccoli Apple Slices Milk	30 BREAKFAST-Juice, Milk Apple or Cherry Frudel* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Baby Carrots/Lite String Cheese Cinnamon Roll* Fruit Cocktail/Milk		<i>Menus Subject to Change</i> <i>*Denotes Whole Grain</i> <i>Extra Milk is 50 cents</i> <i>(with a sack lunch from home)</i>	<i>Parents may deposit money</i> <i>to their student's meal account</i> <i>in JMC Parent.</i> <i>Click on the JMC Parent</i> <i>tab under Parents on the</i> <i>Nodaway Valley web site at</i> <i>www.nodawayvalley.org</i>

NV Schools offer skim white milk, 1% white milk and chocolate skim milk.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk.

This institution is an equal opportunity provider.

