

Nodaway Valley Middle School January 2025

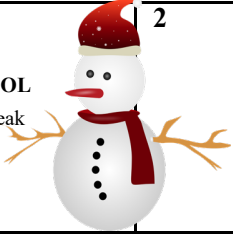
Monday

Tuesday

Wednesday

Thursday

Friday

<p><i>Menus Subject to Change</i></p> <p><i>*Denotes Whole Grain</i></p>	<p><i>Parents may deposit money to their student's meal account in JMC Parent.</i></p> <p><i>Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i></p>	<p>1</p> <p>NO SCHOOL</p> <p>Winter Break</p> 	<p>2</p> <p>NO SCHOOL</p> <p>Winter Break</p>	<p>3 BREAKFAST-Juice, Milk Long John* & Fruit</p> <p>LUNCH-Fiestada* Mixed Vegetables Baby Carrots Strawberry Cup Milk</p>
<p>6 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit</p> <p>LUNCH-Macaroni* & Cheese Savory Carrots Fresh Cauliflower BB Sandwich* Blushing Pears/Milk</p>	<p>7 BREAKFAST-Juice, Milk French Toast* & Fruit</p> <p>LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Baby Carrots Dinner Roll* Mandarin Oranges/Milk</p>	<p>8 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit</p> <p>LUNCH-Hamburger or Cheeseburger Bun*/Baked Beans Baby Carrots Rosy Applesauce Milk</p>	<p>9 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-Confetti Pancakes* Egg Omelet Hashbrowns/Celery Sticks Banana Milk</p>	<p>10 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit</p> <p>LUNCH-Pizza* Green Beans Romaine Lettuce/Dressing Strawberries & Peaches Milk</p>
<p>13 BREAKFAST-Juice, Milk Ultimate Breakfast Round* & Fruit</p> <p>LUNCH-Chicken Patty*/Bun* Curly Fries Fresh Broccoli Blushing Pears Milk</p>	<p>14 BREAKFAST-Juice, Milk French Toast* & Fruit</p> <p>LUNCH-Tater Tot Casserole Green Beans Dinner Roll* Mandarin Oranges Milk</p>	<p>15 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit</p> <p>LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Romaine Lettuce/Dressing Mixed Vegetables Rosy Applesauce/Milk</p>	<p>16 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-Chicken Wrap* w/Ranch Baked Beans Cucumber Slices Graham Crackers* Fresh Fruit/Milk</p>	<p>17 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit</p> <p>LUNCH-Cheese Quesadilla* Savory Carrots Fresh Broccoli Pineapple Tidbits Milk</p>
<p>20</p> <p>NO SCHOOL</p>	<p>21 BREAKFAST-Juice, Milk French Toast* & Fruit</p> <p>LUNCH-Cheesy Ham Hashbrown Casserole Baby Carrots Dinner Roll* Mandarin Oranges/Milk</p>	<p>22 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit</p> <p>LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Cucumber Slices Rosy Applesauce/Milk</p>	<p>23 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-BBQ Rib/Bun* Mixed Vegetables Fresh Broccoli Fresh Fruit Milk</p>	<p>24 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit</p> <p>LUNCH-Super Nachos* w/Lettuce & Queso Cheese Refried Beans Red Pepper Strips Strawberry Cup/Milk</p>
<p>27 BREAKFAST-Juice, Milk Ultimate Breakfast Round* & Fruit</p> <p>LUNCH-Chicken Strips* Baked Beans Fresh Broccoli BB Sandwich* Blushing Pears/Milk</p>	<p>28 BREAKFAST-Juice, Milk French Toast* & Fruit</p> <p>LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Dinner Roll* Mandarin Oranges/Milk</p>	<p>29 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit</p> <p>LUNCH-Meatball Sub* Tater Tots Cucumber Slices Rosy Applesauce Milk</p>	<p>30 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Fresh Fruit/Milk</p>	<p>31 BREAKFAST-Juice, Milk Long John* & Fruit</p> <p>LUNCH-Cheesy Calzone* w/Marinara Sauce Green Beans/Baby Carrots Diced Peaches Milk</p>

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Romaine Lettuce/Lite Ranch Dressing and Baby Carrots offered daily.

This institution is an equal opportunity provider.

HAPPY ★ NEW ★ YEAR