

# Nodaway Valley Elementary School      December 2022

Monday

Tuesday

Wednesday




Thursday

Friday



*Menus Subject  
to Change*

*Milk and Juice Served  
with Breakfast  
Milk Served with Lunch*

			<b>1</b> BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Saucy Meatballs Green Beans/Fresh Broccoli Garlic Knot WG Fresh Fruit Milk	<b>2</b> BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Walking Taco WG Refried Beans Baby Carrots Strawberry Cup Milk
<b>5</b> BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Tangerine Chicken Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich WG Fruit Cocktail/Milk	<b>6</b> BREAKFAST-Juice, Milk Apple Frudel WG* & Fruit LUNCH-Scalloped Potatoes & Ham Green Beans Baby Carrots Dinner Roll WG Mandarin Oranges/Milk	<b>7</b> BREAKFAST-Juice, Milk Cinnamon Glaze Pancakes WG & Fruit LUNCH-Popcorn Chicken Broccoli & Cheese Cucumber Slices BB Sandwich WG Rosy Applesauce/Milk	<b>8</b> BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Confetti Pancakes WG Egg Omelet Tater Tots/Baby Carrots Banana Milk	<b>9</b> BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Crispito WG Cottage Cheese/Refried Beans Sliced Cucumbers BB Sandwich Pineapple/Milk
<b>12</b> BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Chicken Patty/Bun WG Savory Carrots Fresh Broccoli Blushing Pears Milk	<b>13</b> BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit LUNCH-Turkey Gravy Mashed Potatoes Celery Sticks Roll WG/Jello Mandarin Oranges/Milk	<b>14</b> BREAKFAST-Juice, Milk Cinnamon Glaze Pancakes WG & Fruit LUNCH-Bosco Cheese Sticks WG w/Marinara Sauce California Mixed Vegetables Baby Carrots Rosy Applesauce/Milk	<b>15</b> BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-BBQ Rib/Bun WG Baked Beans Cucumber Slices Fresh Fruit Milk	<b>16</b> BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Cheese Pizza WG Romaine Lettuce/Dressing Baby Carrots Diced Peaches Milk
<b>19</b> BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Tomato Soup/Crackers Grilled Cheese Sandwich/Yogurt Fresh Broccoli Mandarin Oranges Milk	<b>20</b> BREAKFAST-Juice, Milk Apple Frudel WG* & Fruit LUNCH-Hot Dog/Bun WG French Fries Cucumber Slices Applesauce Cup Milk	<b>21</b> <b>NO SCHOOL</b> Winter Break	<b>22</b> <b>NO SCHOOL</b> Winter Break	<b>23</b> <b>NO SCHOOL</b> Winter Break
<b>26</b> <b>NO SCHOOL</b> Winter Break 	<b>27</b> <b>NO SCHOOL</b> Winter Break	<b>28</b> <b>NO SCHOOL</b> Winter Break 	<b>29</b> <b>NO SCHOOL</b> Winter Break	<b>30</b> <b>NO SCHOOL</b> Winter Break 

*NV Schools offer skim, 1% white milk and chocolate skim milk.*

*Breakfast option offered daily: Cereal, Toast, Juice & Milk.*

*\*Every other Tuesday preschool students only will have waffles instead of an apple frudel.*

*WG = Whole Grain*

*This institution is an equal opportunity provider.*