

# Nodaway Valley High School

# December 2023



Monday		Tuesday		Wednesday		Thursday		Friday	
								<b>1</b>	BREAKFAST-Juice, Milk
							<i>Menus Subject to Change</i>		Breakfast Sandwich* or UBR*
							<i>Milk and Juice Served with Breakfast</i>		LUNCH-Cheese Quesadilla WG
							<i>Milk Served with Lunch</i>		Romaine Lettuce/Dressing
									Corn
									Strawberry Cup
									Milk
<b>4</b>	BREAKFAST-Juice, Milk	<b>5</b>	BREAKFAST-Juice, Milk	<b>6</b>	BREAKFAST-Juice, Milk	<b>7</b>	BREAKFAST-Juice, Milk	<b>8</b>	BREAKFAST-Juice, Milk
	Breakfast Pizza* or Long John*		French Toast* or Breakfast Bites*		Bfst Egg Pizza* or Long John*		Sausage Gravy & Biscuit* or Frudel*		Breakfast Sandwich* or UBR*
	LUNCH-Tangerine Chicken*		LUNCH-Cheesy Ham Hashbrown		LUNCH-Pork Tenderloin/Bun*		LUNCH-Bosco Cheese Sticks*		LUNCH-Walking Taco*
	Rice (Brown)/Cooked Carrots		Casserole		Green Beans		w/Marinara Sauce		Refried Beans
	Fresh Cauliflower		Baby Carrots		Fresh Broccoli		Romaine Lettuce/Dressing		Baby Carrots
	BB Sandwich*		Dinner Rolls*		Rosy Applesauce		Corn		Pineapple
	Blushing Pears/Milk		Mandarin Oranges/Milk		Milk		Fresh Fruit/Milk		Milk
<b>11</b>	BREAKFAST-Juice, Milk	<b>12</b>	BREAKFAST-Juice, Milk	<b>13</b>	BREAKFAST-Juice, Milk	<b>14</b>	BREAKFAST-Juice, Milk	<b>15</b>	BREAKFAST-Juice, Milk
	Breakfast Pizza* or Long John*		French Toast* or Breakfast Bites*		Bfst Egg Pizza* or Long John*		Sausage Gravy & Biscuit* or Frudel*		Breakfast Sandwich* or UBR*
	LUNCH-Chicken Patty*/Bun*		LUNCH-Tater Tot Casserole		LUNCH-Chicken Wrap* w/Ranch		LUNCH-BBQ Rib/Bun*		LUNCH-Pizza*
	Savory Carrots		Green Beans		Potato Wedges		Romaine Lettuce/Dressing		Steamed Corn
	Fresh Broccoli		Dinner Rolls*		Broccoli Normandy		Baked Beans		Baby Carrots
	Blushing Pears		Mandarin Oranges		Graham Crackers*		Fresh Fruit		Diced Peaches
	Fruit Slushie/Milk		Milk		Applesauce Cup/Milk		Milk		Milk
<b>18</b>	BREAKFAST-Juice, Milk	<b>19</b>	BREAKFAST-Juice, Milk	<b>20</b>	BREAKFAST-Juice, Milk	<b>21</b>	BREAKFAST-Juice, Milk	<b>22</b>	
	Breakfast Pizza* or Long John*		French Toast* or Breakfast Bites*		Bfst Egg Pizza* or Long John*		Sausage Gravy & Biscuit* or Frudel*		<b>NO SCHOOL</b>
	LUNCH-Chicken Strips*		LUNCH-Turkey Gravy		LUNCH-Hamburger or Cheeseburger		LUNCH-Hot Dog/Bun*		Winter Break
	Savory Carrots		Mashed Potatoes		Bun*/Baked Beans		Potato Wedges		
	Cucumber Slices		Celery Sticks/Jello		Sliced Cucumbers		Romaine Lettuce/Dressing		
	BB Sandwich*		Cranberry Sauce/Dinner Rolls*		Rosy Applesauce		Strawberry Cup		
	Blushing Pears/Milk		Warm Cinnamon Apples/Milk		Milk		Milk		
<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>	
	<b>NO SCHOOL</b>		<b>NO SCHOOL</b>		<b>NO SCHOOL</b>		<b>NO SCHOOL</b>		<b>NO SCHOOL</b>
	Winter Break		Winter Break		Winter Break		Winter Break		Winter Break
	<b>MERRY CHRISTMAS!</b>								



NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots.

This institution is an equal opportunity provider.