

Nodaway Valley High School March 2024

Monday

Tuesday

Wednesday

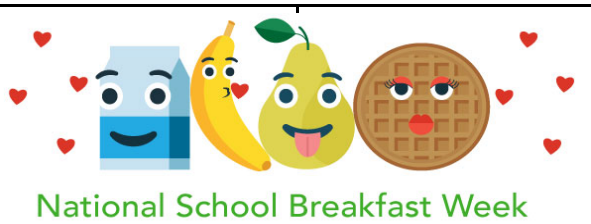
Thursday

Friday

Menus Subject to Change

**Denotes Whole Grain*

Parents may deposit money to their student's meal account in JMC Parent. Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org



1 BREAKFAST-Juice, Milk
Breakfast Sandwich* or UBR*
LUNCH-Pizza*
Green Beans
Romaine Lettuce/Dressing
Strawberries & Peaches
Milk

4 BREAKFAST-Juice, Milk
Breakfast Pizza* or Long John*
LUNCH-Chicken Patty*/Bun*
Tater Tots
Fresh Broccoli
Blushing Pears
Fruit Slushie/Milk

5 BREAKFAST-Juice, Milk
French Toast* or Breakfast Bites*
LUNCH-Baked Potato/Diced Ham
Cheese Sauce
Steamed Broccoli
Dinner Rolls*
Mandarin Oranges/Milk

6 BREAKFAST-Juice, Milk
Brfst Egg Pizza* or Long John*
LUNCH-Chicken Wrap* w/Ranch
Mixed Vegetables
Cucumber Slices
Graham Crackers*
Rosy Applesauce/Milk

7 BREAKFAST-Juice, Milk
Sausage Gravy & Biscuit* or Frudel*
LUNCH-Hamburger or Cheeseburger
Bun*/Baked Beans
Baby Carrots
Fresh Fruit
Milk

8 BREAKFAST-Juice, Milk
Breakfast Sandwich* or UBR*
LUNCH-Bosco Cheese Sticks*
w/Marinara Sauce
Savory Carrots
Cucumber Slices
Strawberry Cup/Milk

11 BREAKFAST-Juice, Milk
Breakfast Pizza* or Long John*
LUNCH-Tangerine Chicken*
Rice (Brown)/Cooked Carrots
Fresh Cauliflower
BB Sandwich*
Blushing Pears/Milk

12 BREAKFAST-Juice, Milk
French Toast* or Breakfast Bites*
LUNCH-Chicken Nuggets*
Mashed Potatoes/Gravy
Cucumber Slices
Dinner Rolls*
Mandarin Oranges/Milk

13 BREAKFAST-Juice, Milk
Brfst Egg Pizza* or Long John*
LUNCH-Cheesy French Bread
Pizza*/w Marinara Sauce
Romaine Lettuce/Dressing
Corn
Fresh Fruit/Milk

14 BREAKFAST-Juice, Milk
Sausage Gravy & Biscuit* or Frudel*
NO LUNCH
Parent-Teacher Conferences
1:00-9:00
Four-Hour Early Dismissal

15
NO SCHOOL

18
NO SCHOOL
Spring Break

19
NO SCHOOL
Spring Break

20
NO SCHOOL
Spring Break

21 BREAKFAST-Juice, Milk
Sausage Gravy & Biscuit* or Frudel*
LUNCH-Chicken Strips*
Tater Tots
Fresh Broccoli
BB Sandwich*
Fresh Fruit/Milk

22 BREAKFAST-Juice, Milk
Breakfast Sandwich* or UBR*
LUNCH-Cheese Quesadilla*
Green Beans
Baby Carrots
Pineapple Tidbits
Milk

25 BREAKFAST-Juice, Milk
Breakfast Pizza* or Long John*
LUNCH-Fish Nuggets*
Macaroni* & Cheese
Savory Carrots/Fresh Cauliflower
Blushing Pears
Milk

26 BREAKFAST-Juice, Milk
French Toast* or Breakfast Bites*
LUNCH-Pork Tenderloin*
Mashed Potatoes/Gravy
Celery Sticks
Dinner Rolls*
Mandarin Oranges/Milk

27 BREAKFAST-Juice, Milk
Brfst Egg Pizza* or Long John*
LUNCH-Popcorn Chicken*
Baked Beans
Cucumber Slices
BB Sandwich*
Rosy Applesauce/Milk

28 BREAKFAST-Juice, Milk
Sausage Gravy & Biscuit* or Frudel*
LUNCH-Sloppy Joes/Bun*
Green Beans
Cole Slaw
Fresh Fruit
Milk

29
NO SCHOOL
Good Friday

NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots.

This institution is an equal opportunity provider.

