daway Valley Elementary (K-5th) School

Monday Tuesday Wednesday Thursday Friday

Menus Subject to Change	Parents may deposit money	- ^	1 BREAKFAST-Juice, Milk	2 BREAKFAST-Juice, Milk
	to their student's meal account		Breakfast Pizza* & Fruit	Mini Donuts* & Fruit
Denotes Whole Grain	in JMC Parent.		LUNCH-Chicken Nuggets	LUNCH-Walking Taco*
	Click on the JMC Parent		Tator Tots	Cooked Carrots
	tab under Parents on the		Fresh Broccoli	Baby Carrots
Extra Milk is 50 cents	Nodaway Valley web site at		BB Sandwich*	Graham Crackers*
(with a sack lunch from home)	www.nodawayvalley.org		Fresh Fruit/Milk	Strawberry Cup/Milk
5 BREAKFAST-Juice, Milk	6 BREAKFAST-Juice, Milk	7 BREAKFAST-Juice, Milk	8 BREAKFAST-Juice, Milk	9 BREAKFAST-Juice, Milk
Breakfast Bites* & Fruit	Frudel* & Fruit	Cinnamon Toast Waffles* & Frui	Breakfast Pizza* & Fruit	Mini Cinni* & Fruit
LUNCH-Macaroni* & Cheese	LUNCH-Chicken Strips*	LUNCH-Pork Tenderloin*/Bun*	LUNCH-Cheesy French Bread	LUNCH-Crispito*
Savory Carrots	Mashed Potatoes/Gravy	Green Beans	Pizza* w/Marinara Sauce	Refried Beans
Fresh Cauliflower	Cucumber Slices	Baby Carrots	Romaine Lettuce/Dressing	Baby Carrots
BB Sandwich*	Dinner Roll*	Rosy Applesauce	Fresh Broccoli	BB Sandwich*
Blushing Pears/Milk	Mandarin Oranges/Milk	Milk	Fresh Fruit/Milk	Diced Peaches/Milk
12 BREAKFAST-Juice, Milk	13 BREAKFAST-Juice, Milk	# BREAKFAST-Juice, Milk	15 BREAKFAST-Juice, Milk	16 BREAKFAST-Juice, Milk
Breakfast Bites* & Fruit	Dutch Waffle* & Fruit	Confetti Pancakes* & Fruit	Breakfast Pizza* & Fruit	Mini Donuts* & Fruit
LUNCH-Chicken Patty*/Bun*	LUNCH-Scalloped Potatoes & I	LUNCH-Bosco Cheese Sticks*	LUNCH-BBQ Rib/Bun*	LUNCH-Cheese Pizza*
Tater Tots	Romaine Lettuce/Dressing	w/Marinara Sauce	Baked Beans	Green Beans
Fresh Broccoli	Baby Carrots	Savory Carrots	Baby Carrots	Fresh Cauliflower
Blushing Pears	Dinner Roll*	Cucumber Slices	Fresh Fruit	Diced Peaches
Milk	Mandarin Oranges/Milk	Rosy Applesauce/Milk	Milk	Milk
19 NO SCHOOL	20 BREAKFAST-Juice, Milk	# BREAKFAST-Juice, Milk	22 BREAKFAST-Juice, Milk	23 BREAKFAST-Juice, Milk
	Mini Cinni* & Fruit	Cinnamon Toast Waffles* & Frui		Frudel* & Fruit
PROFESSIONAL LEARNING	LUNCH-Chicken Nuggets*	LUNCH-Hamburger or Cheeseb	LUNCH-Chicken Drumstick*	LUNCH-Pizza Crunchers*
DAY	Mashed Potatoes/Gravy	Bun*/Baked Beans	Cooked Carrots	w/Marinara Sauce
	Cucumber Slices	Baby Carrots	Celery Sticks	Romaine Lettuce/Dressing
	Dinner Roll*	Rosy Applesauce	Dinner Roll*	Baby Carrots
	Mandarin Oranges/Milk	Milk	Fresh Fruit/Milk	Diced Peaches/Milk
26 BREAKFAST-Juice, Milk	27 BREAKFAST-Juice, Milk	· ·	29 BREAKFAST-Juice, Milk	
Breakfast Bites* & Fruit	Dutch Waffle* & Fruit	Confetti Pancakes* & Fruit	Breakfast Pizza* & Fruit	
LUNCH-Tangerine Chicken*	LUNCH-Shrimp Poppers*	LUNCH-Popcorn Chicken*	LUNCH-Blueberry Waffles*	
Rice (Brown)/Cooked Carrots	String Cheese	Baked Beans	Egg Omelet	
Fresh Cauliflower	Broccoli w/Cheese/Celery Sticks		Hashbrowns/Baby Carrots	
BB Sandwich*		BB Sandwich*	Banana	
Fruit Cocktail/Milk	Mandarin Oranges/Milk	Rosy Applesauce/Milk	Milk	

NV Schools offer skim white milk, 1% white milk and chocolate

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choos HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fru Breakfast option offered daily: Cereal, Toast, Juice & Milk.

This institution is an equal opportunity provider.



February 20