

Nodaway Valley High School May 2023

Monday

Tuesday

Wednesday

Thursday

Friday

1 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-Chicken Patty/Bun WG Savory Carrots Fresh Broccoli Blushing Pears Milk	2 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Pork Tenderloin Mashed Potatoes/Gravy Celery Sticks Dinner Rolls WG Mandarin Oranges/Milk	3 BREAKFAST-Juice, Milk Brfst Egg Pizza or Long John WG LUNCH-Chicken Nuggets Baked Beans Baby Carrots BB Sandwich WG Rosy Applesauce/Milk	4 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Frudel WG LUNCH-Bosco Cheese Sticks WG w/Marinara Sauce Romaine Lettuce/Dressing Mixed Vegetables Strawberry Cup/Milk	5 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Pizza WG Green Beans Baby Carrots Diced Peaches Milk
8 BREAKFAST-Juice, Milk Breakfast Pizza or Long John WG LUNCH-Tangerine Chicken Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich WG Fruit Cocktail/Milk	9 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Chicken Strips Mashed Potatoes/Gravy Cucumber Slices Dinner Rolls WG Mandarin Oranges/Milk	10 BREAKFAST-Juice, Milk Brfst Egg Pizza or Long John WG LUNCH-Sloppy Joes/Bun WG Baked Beans Romaine Lettuce/Dressing Sun Chips WG Rosy Applesauce/Milk	11 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Frudel WG LUNCH-Grilled Chicken/Bun WG California Blend Vegetables Baby Carrots Fresh Fruit Milk	12 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Super Nachos WG w/Queso Cheese Refried Beans Cucumber Slices Pineapple/Milk
15 BREAKFAST-Juice, Milk Breakfast Pizza or Long John LUNCH-BBQ Rib/Bun WG Baked Beans Cucumber Slices Fruit Cocktail Milk	16 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Turkey Gravy Mashed Potatoes Celery Sticks Dinner Roll WG Mandarin Oranges/Milk	17 BREAKFAST-Juice, Milk Brfst Egg Pizza or Long John WG LUNCH-Cheeseburger/Bun WG Savory Carrots Baby Carrots Rosy Applesauce/Milk <i>Seniors Last Day!</i>	18 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Frudel WG LUNCH-Pulled Pork/Bun WG Hash Browns Romaine Lettuce/Dressing Apple Slices Milk	19 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Cheese Quesadilla WG Mixed Vegetables Cucumber Slices Strawberries & Peaches Milk
22 BREAKFAST-Juice, Milk Breakfast Pizza or Long John LUNCH-Cook's Choice	23 BREAKFAST-Juice, Milk French Toast WG or Breakfast Bites WG LUNCH-Cook's Choice	24 BREAKFAST-Juice, Milk Brfst Egg Pizza or Long John WG LUNCH-Cook's Choice	25 BREAKFAST-Juice, Milk Ssg Gravy & Biscuit or Frudel WG LUNCH-Cook's Choice	26 BREAKFAST-Juice, Milk Breakfast Sandwich or UBR WG LUNCH-Cook's Choice
29 NO SCHOOL MEMORIAL DAY	30 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice	31 BREAKFAST-Juice, Milk Cook's Choice LUNCH-Cook's Choice <i>Last Day of School!</i>	<i>Parents may deposit money to their student's meal account with SchoolPay, a secure online payment system. Click on the SchoolPay link on the Nodaway Valley web site at www.nodawayvalley.org</i>	<i>Menus Subject to Change</i> <i>Milk and Juice Served with Breakfast</i> <i>Milk Served with Lunch</i>

NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch.

WG = Whole Grain.

This institution is an equal opportunity provider.

