

Nodaway Valley Middle School December 2025

Monday

Tuesday

Wednesday

Thursday

Friday

1 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Chicken Wrap* w/Rar Savory Carrots Fresh Broccoli Graham Crackers* Blushing Pears/Milk	2 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Cheesy Ham Hashbro Casserole Baby Carrots Dinner Roll* Mandarin Oranges/Milk	3 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fru LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Baked Beans Romaine Lettuce/Dressing Rosy Applesauce/Milk	4 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Popcorn Chicken* Bow (Includes Mashed Potatoes, Grav Corn, Popcorn Chicken & Chees Dinner Roll* Fresh Fruit/Milk	5 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Stuffed Crust Pizza* Mixed Vegetables Cucumber Slices Strawberry Cup Milk
8 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Chicken Patty*/Bun* Broccoli & Cheese Cherry Tomatoes Blushing Pears Milk	9 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Chicken Strips* Mashed Potatoes/Gravy Baby Carrots Dinner Roll* Mandarin Oranges/Milk	10 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fru LUNCH-Corn Dog French Fries Savory Carrots Rosy Applesauce Milk	11 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Hamburger or Cheesebu Bun*/Baked Beans Red Pepper Strips Banana Milk	12 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Fiestada* Green Beans Romaine Lettuce/Dressing Strawberries & Peaches Milk
15 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-BBQ Rib/Bun* Baked Beans Creamy Cole Slaw Blushing Pears Milk	16 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Hot Beef Sundae (Includes Mashed Potatoes, Gra Shredded Beef & Shredded Che Cucumber Slices/Dinner Rolls* Warm Cinnamon Apples/Milk	17 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fru LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Potato Wedges Savory Carrots Rosy Applesauce/Milk	18 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Chicken Alfredo* Mixed Vegetables Cucumber Slices Fresh Fruit Milk	19 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Deep Dish Pizza* Green Beans Red Pepper Strips Diced Peaches Milk
22 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Deli Turkey&Cheese/I Baby Carrots Celery Sticks Applesauce Cup Milk	23 NO SCHOOL Winter Break	24 NO SCHOOL Winter Break	25 Merry Christmas! NO SCHOOL	26 NO SCHOOL Winter Break
29 NO SCHOOL Winter Break	30 NO SCHOOL Winter Break	31 NO SCHOOL Winter Break		
			Menus Subject to Change <i>*Denotes Whole Grain</i> <i>Extra Milk is 50 cents</i> <i>(with a sack lunch from home)</i>	

NV Schools offer skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose.

HOWEVER, the student must take a minimum of 3 items and they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fresh Fruit, Juice & Milk or 2 pieces of Toast, Fresh Fruit, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Fresh vegetables offered daily including Romaine Lettuce/Dressing and Baby Carrots.

This institution is an equal opportunity provider.