

Nodaway Valley Middle School August 2026

Monday

Tuesday

Wednesday

Thursday

Friday

3	4	5	6	7
				
10				
17				
24 NO SCHOOL LAST DAY OF SUMMER BREAK	25 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Hamburger or Cheeseburger Bun*/Baked Beans Baby Carrots Fruit Slushie Milk	26 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Cucumber Slices Bug Bites Rosy Applesauce/Milk	27 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Deli Turkey/Cheese/Bun* Green Beans Fresh Broccoli Banana Milk	28 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Deep Dish Pizza* Romaine Lettuce/Dressing Steamed Peas Diced Peaches Milk
31 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Chicken Patty*/Bun* Baked Beans Romaine Lettuce/Dressing Blushing Pears Milk	<i>Menus Subject to Change</i> <i>*Denotes Whole Grain</i> <i>Extra Milk is 60 cents</i>	<i>Parents may deposit money to their student's meal account in JMC Parent.</i> <i>Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i>		

NV Schools offer 1% white and skim white milk at breakfast and skim white milk, 1% white milk and chocolate skim milk at lunch.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a minimum of 3 items and they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fresh Fruit, Juice & Milk or 2 pieces of Toast, Fresh Fruit, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Fresh vegetables offered daily including Romaine Lettuce/Dressing and Baby Carrots.

This institution is an equal opportunity provider.