## **Nodaway Valley High School**

Tuesday

Monday

## December 2025

Friday

Thursday

				*Denotes Whole Grain
NO SCHOOL	NO SCHOOL	NO SCHOOL		Menus Subject to Change
Milk <b>29</b>	30	31		
Fresh Fruit				
Baby Carrots				
Potato Wedges				
LUNCH-Pulled Pork/Bun*	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
eakfast Pizza Bagel* or Long Joh			Merry Christmas!	
22 BREAKFAST-Juice, Milk	23	24	25	26
Milk	Mandarin Oranges/Milk	Rosy Applesauce/Milk	Fresh Fruit/Milk	Milk
Fresh Pear	Cucumber Slices/Dinner Rolls*	Fresh Broccoli	Garlic Knot*	Diced Peaches
Cucumber Slices	Shredded Beef & Cheese)	Corn	Cherry Tomatoes	Cucumber Slices
Tater Tots	(Includes Mashed Potatoes, Gra	· ·	Mixed Vegetables	w/Marinara Sauce
LUNCH-BBQ Rib/Bun*	LUNCH-Hot Beef Sundae	LUNCH-Cheesy French Bread	-	LUNCH-Pepperoni Sausage Ca
eakfast Pizza Bagel* or Long Joh	,	· · · · · · · · · · · · · · · · · · ·	l '	Breakfast Sandwich* or UBR
15 BREAKFAST-Juice, Milk	16 BREAKFAST-Juice, Milk			19 BREAKFAST-Juice, Milk
Milk	Mandarin Oranges/Milk	Milk	Milk	Milk
Blushing Pears	Dinner Rolls*	Rosy Applesauce	Banana	Strawberries & Peaches
Cherry Tomatoes	Cucumber Slices	Savory Carrots	Creamy Cole Slaw	Red Pepper Strips
•	Mashed Potatoes/Gravy	Potato Wedges	Bun*/Baked Beans	Green Beans
LUNCH-Chicken Patty*/Bun*	LUNCH-Chicken Strips*	LUNCH-Corn Dog	LUNCH-Hamburger or Cheeseb	
eakfast Pizza Bagel* or Long Joh			· · · · · · · · · · · · · · · · · · ·	Breakfast Sandwich* or UBR
8 BREAKFAST-Juice, Milk	9 BREAKFAST-Juice, Milk		11 BREAKFAST-Juice, Milk	12 BREAKFAST-Juice, Milk
Fruit Cocktail/Milk	Mandarin Oranges/Milk	Rosy Applesauce/Milk	Fresh Fruit/Milk	Milk
Graham Crackers*	Dinner Rolls*	Romaine Lettuce/Dressing	Dinner Roll*	Diced Peaches
Fresh Broccoli	Baby Carrots	Baked Beans	Corn, Popcorn Chicken & Chees	=
Savory Carrots	Casserole	w/Marinara Sauce	(Includes Mashed Potatoes, Grav	
Eakrast Fizza Bager of Long John LUNCH-Chicken Wrap* w/Ranc				
alsfact Dizzo Danal* on Long Joh	Franch Toost* or Drookfost Ditos	Dufat Eag Diggs* on Long John*	Sausage Gravy & Biscuit* or Frudel'	Breakfast Sandwich* or UBF

Wednesday

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to HOWEVER, the student must take a minimum of 3 items and they have to have a fruit or ve Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots. This institution is an equal opportunity provider.