

# Nodaway Valley Middle School      March 2024

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<i>Menus Subject to Change</i>	<i>Parents may deposit money to their student's meal account in JMC Parent. Click on the JMC Parent tab under Parents on the Nodaway Valley web site at <a href="http://www.nodawayvalley.org">www.nodawayvalley.org</a></i>	 <b>National School Breakfast Week</b>		
<i>*Denotes Whole Grain</i>				<b>1</b> BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Cheese Pizza* Green Beans Romaine Lettuce/Dressing Strawberries & Peaches Milk
<b>4</b> BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Chicken Patty/Bun* Tater Tots Fresh Broccoli Blushing Pears Milk	<b>5</b> BREAKFAST-Juice, Milk Blueberry Waffles* & Fruit LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Graham Crackers* Applesauce Cup/Milk	<b>6</b> BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Chicken Wrap* w/Ranch Mixed Vegetables Cucumber Slices RF Nacho Doritos* Rosy Applesauce/Milk	<b>7</b> BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Hamburger or Cheeseburger Bun*/Baked Beans Baby Carrots Fresh Fruit Milk	<b>8</b> BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Cucumber Slices Strawberry Cup/Milk
<b>11</b> BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich* Fruit Cocktail/Milk	<b>12</b> BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Mandarin Oranges/Milk	<b>13</b> BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Cheesy French Bread Pizza*/w Marinara Sauce Romaine Lettuce/Dressing Corn Fresh Fruit/Milk	<b>14</b> BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit <b>NO LUNCH</b> Parent-Teacher Conferences 1:00-9:00 Four-Hour Early Dismissal	<b>NO SCHOOL</b>
<b>NO SCHOOL</b> Spring Break	<b>NO SCHOOL</b> Spring Break	<b>NO SCHOOL</b> Spring Break	<b>21</b> BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Chicken Strips* Tater Tots Cucumber Slices BB Sandwich* Rosy Applesauce/Milk	<b>22</b> BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Cheese Quesadilla* Green Beans Baby Carrots Pineapple Tidbits Milk
<b>25</b> BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Macaroni* & Cheese Savory Carrots Fresh Cauliflower BB Sandwich* Blushing Pears/Milk	<b>26</b> BREAKFAST-Juice, Milk Blueberry Waffles* & Fruit LUNCH-Pork Tenderloin* Mashed Potatoes/Gravy Celery Sticks Dinner Roll* Mandarin Oranges/Milk	<b>27</b> BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Popcorn Chicken* Green Beans Cucumber Slices BB Sandwich* Rosy Applesauce/Milk	<b>28</b> BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Sloppy Joes/Bun* Baked Beans Cole Slaw Fresh Fruit Milk	<b>NO SCHOOL</b> <i>Good Friday</i>

NV Schools offers skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Romaine Lettuce/Lite Ranch Dressing and Baby Carrots offered daily.

This institution is an equal opportunity provider.

