

Nodaway Valley Elementary School February 2023

Monday

Tuesday

Wednesday

Thursday

Friday

Menus Subject to Change

*Milk and Juice Served with Breakfast
Milk Served with Lunch*

Parents may deposit money to their student's meal account with SchoolPay, a secure online payment system. Click on the SchoolPay link on the Nodaway Valley web site at www.nodawayvalley.org

		1 BREAKFAST-Juice, Milk Cinnamon Glaze Pancakes WG & Fruit LUNCH-Cheeseburger/Bun WG Potato Wedges Baby Carrots Rosy Applesauce Milk	2 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Hot Ham & Cheese/Bun WG Baked Beans Cucumber Slices Fresh Fruit Milk	3 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Fiestada Stuffed Sand. WG Romaine Lettuce/Dressing Fresh Broccoli Diced Peaches Milk
6 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-BBQ Rib/Bun WG French Fries Cucumber Slices Blushing Pears Milk	7 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit LUNCH-Beef Teriyaki Dippers WG Rice Green Beans/Baby Carrots BB Sandwich WG Mandarin Oranges/Milk	8 BREAKFAST-Juice, Milk Confetti Pancakes WG & Fruit LUNCH-Pizza Crunchers WG w/Marinara Sauce Romaine Lettuce/Dressing Fresh Broccoli Applesauce Cup/Milk	9 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Grilled Chicken/Bun WG Savory Carrots Fresh Cauliflower Fresh Fruit Milk	10 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Crispito WG Cottage Cheese/Refried Beans Sliced Cucumbers BB Sandwich Pineapple/Milk
13 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Chicken Patty/Bun WG Savory Carrots Fresh Broccoli Blushing Pears Milk	14 BREAKFAST-Juice, Milk Frudel WG* & Fruit LUNCH-Chicken Nuggets Mashed Potatoes/Gravy Cucumber Slices Dinner Roll WG Mandarin Oranges/Milk	15 BREAKFAST-Juice, Milk Cinnamon Glaze Pancakes WG & Fruit LUNCH-Cheesy Pull Aparts WG w/ Marinara Sauce Romaine Lettuce/Dressing Baby Carrots/Rosy Applesauce Milk	16 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Confetti Pancakes WG Egg Omelet Hashbrown/Cucumber Slices Banana Milk	17 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Walking Taco WG Refried Beans Baby Carrots Strawberries & Peaches Milk
20 NO SCHOOL PROFESSIONAL LEARNING DAY	21 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit LUNCH-Tomato Soup/Crackers Grilled Cheese Sandwich/Yogurt Fresh Broccoli Mandarin Oranges Milk	22 BREAKFAST-Juice, Milk Confetti Pancakes WG & Fruit LUNCH-Popcorn Chicken Broccoli & Cheese Cucumber Slices BB Sandwich WG Rosy Applesauce/Milk	23 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit LUNCH-Mini Corn Dogs WG Baked Beans Baby Carrots Fresh Fruit Milk	24 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit LUNCH-Cheese Pizza WG Green Beans Sliced Cucumbers Diced Peaches Milk
27 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit LUNCH-Tangerine Chicken WG Rice/Cooked Carrots Fresh Cauliflower BB Sandwich WG Fruit Cocktail/Milk	28 BREAKFAST-Juice, Milk Mini Cinni* WG & Fruit LUNCH-Pork Tenderloin Mashed Potatoes/Gravy Celery Sticks Dinner Roll WG Mandarin Oranges/Milk			

NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, Toast, Juice & Milk.

**Every other Tuesday preschool students only will have waffles instead of a frudel.*

WG = Whole Grain

This institution is an equal opportunity provider.

