

Nodaway Valley Middle School April 2026

Monday

Tuesday

Wednesday

Thursday

Friday

<p style="text-align: center;"><i>Menus Subject to Change</i></p> <p style="text-align: center;"><i>*Denotes Whole Grain</i></p> <p style="text-align: center;"><i>Extra Milk is 50 cents (with a sack lunch from home)</i></p>	<p style="text-align: center;"><i>Parents may deposit money to their student's meal account in JMC Parent.</i></p> <p style="text-align: center;"><i>Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i></p>	<p>1 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Sauce Baby Carrots/Cheese Stick Cinnamon Roll* Fruit Cocktail/Milk</p>	<p>2 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Corn Dog French Fries Baked Beans Fresh Fruit Milk</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">NO SCHOOL Good Friday</p>
<p>6 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Meatball Sub* Sweet Potato Fries Cucumber Slices Fresh Apple Milk</p>	<p>7 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Popcorn Chicken* Bowl (Includes Mashed Potatoes, Gravy, Corn, Popcorn Chicken & Cheese) Dinner Roll* Fruit Cocktail/Milk</p>	<p>8 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Super Nachos* w/Queso Cheese Refried Beans Fresh Broccoli Strawberry Cup/Milk</p>	<p>9 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Rodeo Burger/Bun* Onion Rings Broccoli w/Cheese Sauce Fresh Fruit Milk</p>	<p>10 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Green Beans Baby Carrots Rosy Applesauce/Milk</p>
<p>13 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Chicken Patty*/Bun* Baked Beans Fresh Broccoli Blushing Pears Milk</p>	<p>14 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Cheesy Ham Hashbrown Casserole Baby Carrots Garlic Toast* Mandarin Oranges/Milk</p>	<p>15 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Chicken Alfredo* Savory Carrots Cucumber Slices Rosy Applesauce Milk</p>	<p>16 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Pork Totchos Baby Carrots Fresh Baked Biscuit Fresh Fruit Milk</p>	<p>17 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Deep Dish Pizza* Mixed Vegetables Red Pepper Strips Diced Peaches Milk</p>
<p>20 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Blushing Pears/Milk</p>	<p>21 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Dinner Roll* Mandarin Oranges/Milk</p>	<p>22 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Grilled Chicken Bacon Ranch/Bun* Baked Beans Cucumber Slices Rosy Applesauce/Milk</p>	<p>23 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Cinnamon Toast Waffle* or Blueberry Waffle*/Egg Omelet Tri Taters/Baby Carrots Banana Milk</p>	<p>24 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Pepperoni Pizza* Green Beans Cucumber Slices Pineapple Tidbits Milk</p>
<p>27 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Italian Sub* w/Cheese Tater Tots Baked Beans Blushing Pears Milk</p>	<p>28 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Sauce Baby Carrots/Cheese Stick Cinnamon Roll* Fruit Cocktail/Milk</p>	<p>29 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Fish Nuggets* Sweet Potato Fries Cucumber Slices Rosy Applesauce Milk</p>	<p>30 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Pork Carnita Bowl* Cheese Stick Green Beans Fresh Baked Biscuit Fresh Fruit/Milk</p>	

NV Schools offer skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a minimum of 3 items and they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fresh Fruit, Juice & Milk or 2 pieces of Toast, Fresh Fruit, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Fresh vegetables offered daily including Romaine Lettuce/Dressing and Baby Carrots.

This institution is an equal opportunity provider.