

Nodaway Valley Elementary School November 2022

Monday

Tuesday

Wednesday

Thursday

Friday

<p><i>Menus Subject to Change</i></p> <p><i>Milk and Juice Served with Breakfast</i></p> <p><i>Milk Served with Lunch</i></p>	<p>1 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit</p> <p>LUNCH-Scalloped Potatoes & Ham California Mixed Vegetables Cucumber Slices Dinner Roll WG Mandarin Oranges/Milk</p>	<p>2 BREAKFAST-Juice, Milk Confetti Pancakes WG & Fruit</p> <p>LUNCH-Bosco Cheese Sticks WG w/Marinara Sauce Romaine Lettuce/Dressing Baby Carrots Rosy Applesauce/Milk</p>	<p>3 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit</p> <p>LUNCH-Saucy Meatballs Savory Carrots/Cucumber Slices Garlic Knot WG Fresh Fruit Milk</p>	<p>4 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit</p> <p>LUNCH-Walking Taco WG Refried Beans Baby Carrots Strawberry Cup Milk</p>
<p>7 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit</p> <p>LUNCH-Tangerine Chicken Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich WG Fruit Cocktail/Milk</p>	<p>8 BREAKFAST-Juice, Milk Apple Frudel WG* & Fruit</p> <p>LUNCH-Chicken Strips Mashed Potatoes/Gravy Cucumber Slices Dinner Roll WG Mandarin Oranges/Milk</p>	<p>9 BREAKFAST-Juice, Milk Cinnamon Glaze Pancakes WG & Fruit</p> <p>LUNCH-Pizza Crunchers WG w/Marinara Sauce Romaine Lettuce/Dressing Fresh Broccoli Applesauce Cup/Milk</p>	<p>10 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit</p> <p>LUNCH-BBQ Rib/Bun WG Baked Beans Cucumber Slices Fresh Fruit Milk</p>	<p>11 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit</p> <p>LUNCH-Cheesy Pull-Aparts WG Pizza WG/w Marinara Sauce Green Beans/Baby Carrots Diced Peaches Milk</p>
<p>14 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit</p> <p>LUNCH-Chicken Patty/Bun WG Savory Carrots Fresh Broccoli Blushing Pears Milk</p>	<p>15 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit</p> <p>LUNCH-Turkey Gravy Mashed Potatoes Celery Sticks Roll WG/Jello Mandarin Oranges/Milk</p>	<p>16 BREAKFAST-Juice, Milk Confetti Pancakes WG & Fruit</p> <p>LUNCH-Cheesy French Bread Pizza WG/w Marinara Sauce Green Beans/Cucumber Slices Rosy Applesauce Milk</p>	<p>17 BREAKFAST-Juice, Milk Breakfast Pizza WG & Fruit</p> <p>LUNCH-Hot Ham & Cheese/Bun WG Baked Beans Baby Carrots Banana Milk</p>	<p>18 BREAKFAST-Juice, Milk Mini WG Donuts & Fruit</p> <p>LUNCH-Cheese Quesadilla WG Romaine Lettuce/Dressing Fresh Broccoli Strawberries & Peaches Milk</p>
<p>21 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit</p> <p>LUNCH-Tomato Soup/Crackers Grilled Cheese Sandwich/Yogurt Fresh Broccoli Mandarin Oranges Milk</p>	<p>22 BREAKFAST-Juice, Milk Apple Frudel WG* & Fruit</p> <p>LUNCH-Hot Dog/Bun WG French Fries Cucumber Slices Applesauce Cup Milk</p>	<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p> <p>HAPPY THANKSGIVING!</p> 	<p>25</p> <p>NO SCHOOL</p>
<p>28 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit</p> <p>LUNCH-Macaroni & Cheese Savory Carrots Fresh Cauliflower BB Sandwich WG Blushing Pears/Milk</p>	<p>29 BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit</p> <p>LUNCH-Pork Tenderloin Mashed Potatoes/Gravy Celery Sticks Dinner Roll WG Mandarin Oranges/Milk</p>	<p>30 BREAKFAST-Juice, Milk Cinnamon Glaze Pancakes WG & Fruit</p> <p>LUNCH-Cheeseburger/Bun WG Broccoli & Cheese Sliced Cucumbers Rosy Applesauce Milk</p>	<p><i>Menus Subject to Change</i></p> <p><i>Milk and Juice Served with Breakfast</i></p> <p><i>Milk Served with Lunch</i></p>	<p><i>Parents may deposit money to their student's meal account with SchoolPay, a secure online payment system. Click on the SchoolPay link on the Nodaway Valley web site at www.nodawayvalley.org</i></p>

NV Schools offer skim, 1% white milk and chocolate skim milk.

Breakfast option offered daily: Cereal, Toast, Juice & Milk.

**Every other Tuesday preschool students only will have waffles instead of an apple frudel.*

WG = Whole Grain

This institution is an equal opportunity provider.