

# Nodaway Valley High School February 2026

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>2</b> BREAKFAST-Juice, Milk reakfast Pizza Bagel* or Long John* LUNCH-Meatball Sub* Tater Tots Cucumber Slices Fresh Apple Milk</p>	<p><b>3</b> BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Cheesy Ham Hashbrown Casserole Savory Carrots Garlic Knot* Mandarin Oranges/Milk</p>	<p><b>4</b> BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Green Beans Fresh Broccoli Rosy Applesauce/Milk</p>	<p><b>5</b> BREAKFAST-Juice, Milk Sausage Gravy &amp; Biscuit* or Frudel* LUNCH-Sloppy Joes/Bun* Potato Wedges Cole Slaw Fresh Fruit Milk</p>	<p><b>6</b> BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Walking Taco* Ranchero Beans Baby Carrots Diced Peaches Milk</p>
<p><b>9</b> BREAKFAST-Juice, Milk reakfast Pizza Bagel* or Long John* LUNCH-Chicken Alfredo* Savory Carrots Cucumber Slices Garlic Knot* Blushing Pears/Milk</p>	<p><b>10</b> BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Cowboy Cavatini Steamed Corn Baby Carrots Garlic Knot* Frozen Fruit Slushie/Milk</p>	<p><b>11</b> BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Grilled Chicken w/Bacon, Ranch/Bun* Baked Beans Fresh Broccoli Rosy Applesauce/Milk</p>	<p><b>12</b> BREAKFAST-Juice, Milk Sausage Gravy &amp; Biscuit* or Frudel* LUNCH-Hamburger or Cheeseburger Bun*/Potato Wedges Red Pepper Strips Fresh Fruit Milk</p>	<p><b>13</b> BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Crispitos* Green Beans Baby Carrots Warm Cinnamon Apples Milk</p>
<p><b>16</b></p> <p><b>NO SCHOOL PROFESSIONAL LEARNING DAY</b></p>	<p><b>17</b> BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Tangerine Chicken* Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich* Pineapple Tidbits/Milk</p>	<p><b>18</b> BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Fish Nuggets* Macaroni* &amp; Cheese Broccoli Normandy Fresh Cauliflower Rosy Applesauce/Milk</p>	<p><b>19</b> BREAKFAST-Juice, Milk Sausage Gravy &amp; Biscuit* or Frudel* LUNCH-Confetti Pancakes* Egg Omelet Tri Taters/Celery Sticks Banana Milk</p>	<p><b>20</b> BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Cheese Quesadilla* Ranchero Beans Fresh Broccoli Strawberries &amp; Peaches Milk</p>
<p><b>23</b> BREAKFAST-Juice, Milk reakfast Pizza Bagel* or Long John* LUNCH-Chicken Wrap* w/Ranch Savory Carrots Fresh Broccoli Graham Crackers* Fruit Cocktail/Milk</p>	<p><b>24</b> BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Chicken Drumstick Mashed Potatoes/Gravy Baby Carrots Breadstick* Mandarin Oranges/Milk</p>	<p><b>25</b> BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Cheesy French Bread Pizza*/w Marinara Sauce Baked Beans Fresh Cauliflower Rosy Applesauce/Milk</p>	<p><b>26</b> BREAKFAST-Juice, Milk Sausage Gravy &amp; Biscuit* or Frudel* LUNCH-Popcorn Chicken* Bowl (Includes Mashed Potatoes, Gravy, Corn, Popcorn Chicken &amp; Cheese) Dinner Roll* Fresh Fruit/Milk</p>	<p><b>27</b> BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Stuffed Crust Pizza* Mixed Vegetables Cucumber Slices Diced Peaches Milk</p>
			<p><i>Parents may deposit money to their student's meal account in JMC Parent.</i></p> <p><i>Click on the JMC Parent tab under Parents on the Nodaway Valley web site at <a href="http://www.nodawayvalley.org">www.nodawayvalley.org</a></i></p>	<p><i>Menus Subject to Change</i></p> <p><i>*Denotes Whole Grain</i></p>

NV Schools offer skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a minimum of 3 items and they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots.

This institution is an equal opportunity provider.

