

Nodaway Valley Elementary School September 2024

Monday

Tuesday

Wednesday

Thursday

Friday

2 NO SCHOOL LABOR DAY	3 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Cherry Blossom Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Fruit Cocktail/Milk	4 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Hamburger or Cheeseburger Bun*/Baked Beans Baby Carrots Rosy Applesauce Milk	5 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Chicken Strips* French Fries Fresh Broccoli BB Sandwich* Fresh Fruit/Milk	6 BREAKFAST-Juice, Milk Caramel Mini Cinnis* & Fruit LUNCH-Walking Taco* Romaine Lettuce/Dressing Baby Carrots Diced Peaches Milk
9 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Hot Ham & Cheese/Bun* Baked Beans Baby Carrots Fruit Cocktail Milk	10 BREAKFAST-Juice, Milk Frudel* & Fruit LUNCH-Pork Tenderloin* Mashed Potatoes/Gravy Baby Carrots Dinner Roll* Apple Slices/Milk	11 BREAKFAST-Juice, Milk Cinnamon Toast Waffles* & Fruit LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Romaine Lettuce/Dressing Fresh Broccoli Rosy Applesauce/Milk	12 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Confetti Pancakes* Egg Omelet Hashbrowns/Baby Carrots Banana Milk	13 BREAKFAST-Juice, Milk Cinnamon Mini Cinnis* & Fruit LUNCH-Fiestada* Mixed Vegetables Cucumber Slices Strawberries & Peaches Milk
16 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Mini Corn Dogs* Savory Carrots Fresh Cauliflower Blushing Pears Milk	17 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Cowboy Cavatini Steamed Corn Cucumber Slices Dinner Roll* Mandarin Oranges/Milk	18 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Pizza Crunchers* w/Marinara Sauce Mixed Vegetables Baby Carrots Applesauce Cup/Milk	19 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Sloppy Joes/Bun* Baked Beans Cucumber Slices Fresh Fruit Milk	20 BREAKFAST-Juice, Milk Caramel Mini Cinnis* & Fruit LUNCH-Cheese Pizza* Romaine Lettuce/Dressing Baby Carrots Diced Peaches Milk
23 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Chicken Patty*/Bun* French Fries Fresh Broccoli Blushing Pears Milk	24 BREAKFAST-Juice, Milk Frudel* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Baby Carrots/Lite String Cheese Cinnamon Roll* Fruit Cocktail/Milk	25 BREAKFAST-Juice, Milk Fruit Loop Waffles* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Cucumber Slices Rosy Applesauce/Milk	26 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Popcorn Chicken* Baked Beans Baby Carrots BB Sandwich* Fresh Fruit/Milk	27 BREAKFAST-Juice, Milk Cinnamon Mini Cinnis* & Fruit LUNCH-Cheese Quesadilla* Green Beans Fresh Broccoli Pineapple Milk
30 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Saucy Meatballs Green Beans/Baby Carrots Garlic Toast* Blushing Pears Milk	<p><i>Menus Subject to Change</i></p> <p><i>*Denotes Whole Grain</i></p> <p><i>Extra Milk is 50 cents</i> <i>(with a sack lunch from home)</i></p>	<p><i>Parents may deposit money</i> <i>to their student's meal account</i> <i>in JMC Parent.</i></p> <p><i>Click on the JMC Parent</i> <i>tab under Parents on the</i> <i>Nodaway Valley web site at</i> <i>www.nodawayvalley.org</i></p>		

NV Schools offer skim white milk, 1% white milk and chocolate skim milk.
 Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.
 HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.
 Breakfast option offered daily: Cereal, Toast, Juice & Milk.
 This institution is an equal opportunity provider.