

Nodaway Valley Elementary (K-5th) School November 2017

Monday

Tuesday

Wednesday

Thursday

Friday

| <i>Menus Subject to Change</i> | <i>Veterans Day - November 11</i> | | | |
|---|---|--|---|--|
| <i>*Denotes Whole Grain</i> |  | 1 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Chicken Nuggets* French Fries Cucumber Slices BB Sandwich* Rosy Applesauce/Milk | 2 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Cheesy French Bread Pizza*/w Marinara Sauce Baked Beans Fresh Broccoli Fresh Fruit/Milk | 3 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Fiestada* Mixed Vegetables Baby Carrots Diced Peaches Milk |
| 6 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)/Cooked Carrots Fresh Cauliflower BB Sandwich* Fruit Cocktail/Milk | 7 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Chicken Strips* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Mandarin Oranges/Milk | 8 BREAKFAST-Juice, Milk Cinnamon Toast Waffles* & Fruit LUNCH-Pizza Crunchers* w/Marinara Sauce Mixed Vegetables Baby Carrots Applesauce Cup/Milk | 9 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-BBQ Rib/Bun* Romaine Lettuce/Dressing Cucumber Slices Fresh Fruit Milk | 10 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Walking Taco* Refried Beans Baby Carrots Pineapple Milk |
| 13 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Hot Ham & Cheese/B Romaine Lettuce/Dressing Cucumber Slices Blushing Diced Pears Milk | 14 BREAKFAST-Juice, Milk Mini Cinni* & Fruit LUNCH-Turkey Gravy Mashed Potatoes Celery Sticks Dinner Roll*/Jello Mandarin Oranges/Milk | 15 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Cheeseburger/Bun* Baked Beans Sliced Cucumbers Rosy Applesauce Milk | 16 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Blueberry Waffles* Egg Omelet Hashbrowns/Baby Carrots Banana Milk | 17 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Cheesy Pull-Aparts Pizza* w/Marinara Sauce Green Beans Fresh Broccoli Strawberries & Peaches/Milk |
| 20 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tomato Soup/Cracker Grilled Cheese Sandwich* Yogurt/Fresh Broccoli Mandarin Oranges Milk | 21 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit LUNCH-Hot Dog/Bun* Potato Wedges Cucumber Slices Applesauce Cup Milk | NO SCHOOL | NO SCHOOL | NO SCHOOL |
| | | |  | |
| 27 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Mini Corn Dog* Savory Carrots Fresh Cauliflower Blushing Pears Milk | 28 BREAKFAST-Juice, Milk Frudel* & Fruit LUNCH-Chicken Drumstick* Mashed Potatoes/Gravy Celery Sticks Dinner Roll* Mandarin Oranges/Milk | 29 BREAKFAST-Juice, Milk Cinnamon Toast Waffles* & Fruit LUNCH-Popcorn Chicken* Baked Beans Cucumber Slices BB Sandwich* Rosy Applesauce/Milk | 30 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Saucy Meatballs Green Beans/Baby Carrots Garlic Toast* Fresh Fruit Milk | <i>Parents may deposit money to their student's meal account in JMC Parent. Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i> |

NV Schools offer skim white milk, 1% white milk and chocolate

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Juice & Milk.

This institution is an equal opportunity provider.