Nodaway Valley Preschool October 2023

Wednesday

Thursday

Friday

BREAKFAST-Juice, Milk 3 BREAKFAST-Juice, Milk BREAKFAST-Juice, Milk 5 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit French Toast & Fruit Confetti Pancakes WG & Fruit Breakfast Pizza WG & Fruit LUNCH-BBQ Rib/Bun WG LUNCH-Tangerine Chicken LUNCH-Chicken Nuggets LUNCH-Deli Turkey/Cheese/Bun WG NO SCHOOL Rice (Brown) WG Mashed Potatoes/Gravy Green Beans Baked Beans FOR PRESCHOOL Cooked Carrots Dinner Roll WG Rosy Applesauce Fresh Fruit Fruit Cocktail Mandarin Oranges Milk Milk Milk Milk 13 9 BREAKFAST-Juice, Milk 10 BREAKFAST-Juice, Milk **11** BREAKFAST-Juice, Milk 12 BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit Dutch Waffle WG & Fruit Cinnamon Toast Waffles WG & Fruit Breakfast Pizza WG & Fruit LUNCH-Chicken Strips LUNCH-Cheesy Ham Hashbrown LUNCH-Hamburger/Bun WG LUNCH-Confetti Pancakes WG NO SCHOOL **Baked Beans** Savory Carrots Casserole/Green Beans Egg Omelet FOR PRESCHOOL BB Sandwich WG Dinner Roll WG Rosy Applesauce Hashbrown **Blushing Pears** Mandarin Oranges Milk Banana Milk Milk Milk 20 19 BREAKFAST-Juice, Milk **16** BREAKFAST-Juice, Milk 17 BREAKFAST-Juice, Milk **18** BREAKFAST-Juice, Milk Breakfast Bites WG & Fruit French Toast & Fruit Confetti Pancakes WG & Fruit Breakfast Pizza WG & Fruit LUNCH-Popcorn Chicken LUNCH-Mini Corn Dog WG LUNCH-Chicken Drumstick LUNCH-Saucy Meatballs NO SCHOOL Savory Carrots Mashed Potatoes/Gravv Baked Beans Green Beans FOR PRESCHOOL **Blushing Pears** Dinner Roll WG BB Sandwich WG Garlic Toast Milk Mandarin Oranges Rosy Applesauce Fresh Fruit Milk Milk Milk 27 23 BREAKFAST-Juice, Milk **24** BREAKFAST-Juice, Milk 25 BREAKFAST-Juice, Milk **26** BREAKFAST-Juice, Milk Dutch Waffle WG & Fruit Breakfast Bites WG & Fruit Cinnamon Toast Waffles WG & Fruit Breakfast Pizza WG & Fruit **LUNCH-Shrimp Poppers** LUNCH-Chicken Patty/Bun WG LUNCH-Hot Dog/Bun WG NO LUNCH NO SCHOOL Savory Carrots Broccoli w/Cheese **Baked Beans** Parent-Teacher Conferences FOR PRESCHOOL Blushing Pears Lite String Cheese Applesauce Cup 1:00-9:00 Dinner Roll WG Milk Four-Hour Early Dismissal Mandarin Oranges/Milk **30** BREAKFAST-Juice, Milk **31** BREAKFAST-Juice, Milk Menus Subject Breakfast Bites WG & Fruit French Toast & Fruit to Change LUNCH-Macaroni & Cheese LUNCH-Spookghetti WG Savory Carrots w/Meatballs Milk and Fruit Served BB Sandwich WG Ghostly Salad/Dressing with Breakfast **Blushing Pears** Vampire Veggie Milk Served with Lunch Milk Freaky Fruit/Chilling Milk NV Schools offer skim white milk or 1% white milk.

Breakfast option offered daily: Cereal, Fruit & Milk.

Monday

OCTOBER 31ST menu is Spaghetti WG & Meatballs, Baby Carrots, Mandarin Oranges and Milk.

Tuesday

WG = Whole Grain

This institution is an equal opportunity provider.